



spring 2024



CITY OF NEW ORLEANS

RECREATION & LEISURE

CLASSES, EVENTS & SCHEDULES

INSIDE

Spring Calendar of Events

Spring Program Descriptions

Facility Rental Information

Facilities, Amenities, and Locations

JANUARY -
MAY 2024

NORD
COMMISSION



SATURDAY
MARCH 9TH
9AM-12PM

SUMMER CAMP EXPO

Summer Camp registration: get information about what camps will be offered this summer

Must bring required documents. Please visit our website for details.



YOUTH
4-12YRS

TEENS
13-15YRS

EXPO LOCATIONS:

Joe W. Brown Recreation Center
Milne Recreation Center
Morris XF Jefferson Recreation Center
Rosenwald Recreation Center
Sanchez Recreation Center



www.nordc.org

TABLE OF CONTENTS

2024 RECREATION & LEISURE



FROM THE MAYOR, NORD, & THE COMMISSION	4
NORD COMMISSION	7
VOLUNTEERS	8
ABOUT NORD	8
BOOSTER CLUBS	9
FACILITIES MAP	10
FACILITIES	12
FITNESS CENTERS	12
STAFFED PARKS/PLAYGROUNDS	12
TEEN CENTERS	13
TENNIS CENTERS	13
REC CENTERS	13
POOLS	13
RENT A NORD FACILITY	14
AQUATICS	16
ATHLETICS	18
CULTURAL ARTS	22
FITNESS AT NORD	26
OUTDOOR	30
TEENS	36
NORD FOUNDATION & SPONSORS	39



OFFICIAL LETTERS

A WORD FROM THE MAYOR, NORD CEO & COMMISSION CHAIR



City of New Orleans
Mayor LaToya Cantrell



Dear Friends,

As we embark upon the spring season of 2024, I am excited about all the steps the City has taken collectively to ensure that our young people have fun and safe environments every season, to participate in athletic activities, cultural programs, internships or enrichment programs and events. This season, the New Orleans Recreation Development (NORD) Commission is ready to stand on its promise to offer "Something for Everyone."

NORD is also excited about the return of Movies in the Park in partnership with local community organizations across the city, with plans to launch new opportunities such as E-Sports, in addition to the completion of eight mobile computer labs in partnership with Verizon. This Summer, NORD is excited to reenergize our youth by once again providing several employment and enrichment opportunities.

The Commission will continue prioritizing improvements to our city's infrastructure throughout the summer months, including bringing NORD facilities and pools back online. Under my leadership, the City of New Orleans remains committed to completing our projects, including those federally funded, on time and on budget. One of our most anticipated NORD capital projects is Morris F.X. Jeff Sr. Pool Renovations valued at \$4.2 million, which is slated to be completed in Summer 2024.

I want to echo NORD CEO Larry Barabino Jr.'s excitement on kicking off the season with new and meaningful programming and express my heartfelt appreciation for every New Orleanian who has supported the work of this department. Let's continue to work collaboratively to move New Orleans forward.

Sincerely,

LaToya Cantrell

Mayor, City of New Orleans





Dear Friends,

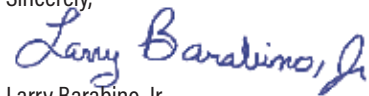
I hope my letter finds you well. I would like to thank the residents of New Orleans, Mayor LaToya Cantrell, the NORD Commission, City Council, and the NORD Foundation for their investment and commitment to safe, state-of-the-art recreational spaces and quality programming. We are excited about beginning a new year and program season here at NORD.

Spring is a time for new beginnings and marks the time when we begin to prepare and plan for our busiest season, summer! This spring we look forward to hosting new programming including the 18th Ward soccer program, LEAP Fest, E-Sports gaming, and Sound Therapy health and wellness. We will also continue to offer community favorites including Fit NOLA, water aerobics, pickleball, open archery, tackle football, and NOBA Dance. We look forward to continuing events including Movies in the Park, Easter Extravaganza's, and Summer Camp Expos at NORD locations across the City of New Orleans.

This spring, we will continue to make progress on the Morris F.X. Jeff Natatorium, Splash Pad at Cut Off, and renovations at Skelly Rupp baseball stadium. The opening and renovations of these facilities will expand our current programs and services to residents of all ages. We also look forward to completing improvements at George Washington Carver Playground, Easton Playground basketball court, and playground installation at Gernon Brown Recreation Center. There is a lot blooming here at NORD this spring, and we hope you are as excited as we are!

I want to thank our generous sponsors, community partners, and our dedicated NORD team for their commitment to community and recreation. I look forward to seeing you around and hearing your suggestions and feedback as we continue to make certain NORD offers something for everyone.

Sincerely,

A handwritten signature in blue ink that reads "Larry Barabino, Jr.".

Larry Barabino, Jr.

NORD Chief Executive Officer





Greetings,

As your Commission Chair, I want to express my sincere gratitude and excitement to serve you, my fellow New Orleanians. As we enter 2024, I look forward to continuing our plans to double down on NORD's mission to advance our city by providing safe and welcoming environments for recreational and cultural experiences. I want to thank my fellow Commissioners, CEO Barabino, Mayor Cantrell, New Orleans City Council, NORD Foundation, NORD staff, and the community for their continued support.

As you read through the 2024 spring program guide, I hope you find something that fits your interest and that you and your entire family can enjoy. I personally recommend attending one of the Friday Movies in The Park events or checking out the new pickup soccer program in Algiers at Norman Playground. If you are looking for something more, NORD offers tennis, open canoeing and fishing, archery, pickle ball, and year-round aquatics programming at four indoor facilities across the city.

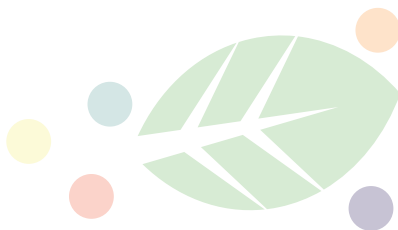
I look forward to the completion of two construction projects on the Westbank at Cut-Off Recreation Center Splash Pad and the enclosure and expansion of pool amenities at Morris F.X. Jeff Recreation Center. The completion of this natatorium will add a fifth year-round aquatics facility to NORD's portfolio. As your Commission Chair, I will continue to support NORD staff, events, programs, and services so that every New Orleanian may have access to state-of-the-art facilities, parks, and recreation services.

Thank you for your commitment to the City of New Orleans and NORD. It is an exciting time of year, and I encourage you to explore everything NORD has to offer. Have a safe and enjoyable season!

Sincerely,

Theo C. Sanders, III

Theo C. Sanders, III
Chair, NORD Commission



NORD COMMISSION

GOVERNING BOARD MEMBERS



NORD has a governing board of Commissioners appointed by the Mayor and approved by the City Council who meet the first Tuesday of the month to oversee the operations, activities, and performance of NORD. The Commission members receive no compensation for their services, but accept their appointments in the interest of civic betterment.



Mayor LaToya Cantrell
Ex-Officio Member
Mayor of New Orleans



Gilbert Montaña
Chief Administrative Officer



Freddie King, III
City Council Representative



Katie Baudoin
Representative
Orleans Parish School Board



Theo C. Sanders, III
Chair
District C Representative



Dana Peterson
Vice Chair
At-Large Mayoral Appointee



Ernest Price, Jr.
NORD Foundation
Representative



Raquel "Rocky" Dufauchard
New Orleans Public Library
Representative



Frances Fayard
District A Representative



Blaire Fernandez
District B Representative



Troy White
District E Representative



"Open"
District D Representative

"Open"
At-Large Mayoral Appointee

VOLUNTEERS

VOLUNTEER WITH NORD



People volunteer for a variety of reasons. Volunteering offers individuals the opportunity to contribute to their community and also provides an opportunity to develop new skills or build on existing experience and knowledge. NORD offers various volunteer opportunities:

Rec Centers Volunteer: There are short-term and long-term volunteer opportunities in our recreation centers. Opportunities include but are not limited to administrative assistance, program instruction, and program assistance.

Special Events Volunteer: Volunteers are needed throughout the year to assist with seasonal, or one-time special events.

Athletic Volunteer: Volunteer coaches serve as positive role models for our youth athletics participants and are needed year-round. Assistance is also needed for game operations.

Outdoors Volunteer: Enjoy the outdoors or interested to learn about outdoors recreation through volunteerism? Opportunities include assistance with canoeing, fishing, and special events.

Volunteer Groups: Community members, organizations, or organized groups of 5 or more are welcome to spearhead a specific volunteer project, program, or assist with special events.

Volunteers registered with NORD and Track It Forward who contribute 30 hours or more during a tax year qualify for a \$500 Louisiana State Income Tax deduction.

For more information about volunteer opportunities please visit www.nordc.org/volunteer or call 504-658-3052.

ABOUT NORD

NEW ORLEANS RECREATION DEVELOPMENT (NORD) COMMISSION



The New Orleans Recreation Development (NORD) Commission has earned national accreditation, making the City of New Orleans the second parish in Louisiana and one of under 200 agencies across the U.S. out of more than 12,000 with this stamp of excellence. NORD provides safe, educational, recreational and culturally engaging opportunities to residents of the City of New Orleans. Mission Statement: To advance the physical, mental, and social well-being of New Orleanians by providing safe and welcoming environments for recreational, athletic, and cultural experiences. **Vision:** To create a sustainable and innovative organization that transforms lives. Tagline: "Something for everyone."

In accordance with provisions of the Americans with Disabilities Act of 2008, as amended, the City of New Orleans shall not discriminate against individuals with disabilities on the basis of disability in its services, programs, or activities. If you require aids or devices, or other reasonable accommodations under the ADA Amendments Act, please submit your request to: Ashley Frank 504-658-3032, afrank@nola.gov; or 711 for Louisiana Relay Service at least 48 hours in advance or as soon as possible.

BOOSTER CLUB

SOMETHING FOR EVERYONE



Booster Clubs help fund student-athletes and assist NORD in providing an experience consistent with the tradition of "something for everyone".

Booster clubs help fund uniforms and equipment, cover travel expenses, and help our volunteer coaches reach the ultimate goal of developing student athletes.

Membership in a booster club is open to community members, parents, guardians, and family members of children registered to participate in activities and programs, and any individuals without participating children who want to support a particular rec center or playground.

Boosters play a role in providing student-athletes with a positive experience through their enthusiastic efforts. They can support teams and student athletes through donations of time and financial resources which help student-athletes succeed on and off the playing field.

Volunteers registered with NORD and Track It Forward who contribute 30 hours or more during a tax year qualify for a \$500 Louisiana State Income Tax deduction.

For more information on booster clubs, or to form a booster club, visit nordc.org or contact nordcathletics@nola.gov or call 504-658-3083.



FACILITIES MAP

2024 RECREATION & LEISURE



Rec Centers

- 1 Annunciation Rec Center
800 Race St.
- 2 Morris FX Jeff Sr. Rec Complex
2529 General Meyer Ave.
- 3 Cut-Off Rec Center
6600 Belgrade St.
- 4 Gernon Brown Rec Center
1001 Harrison Ave.
- 5 Joe W. Brown Rec Center
5601 Read Blvd.
- 6 Lyons Rec Center
624 Louisiana Ave.
- 7 Milne Rec Center
5420 Franklin Ave.

Fitness Centers

- 8 Rosenwald Rec Center
1120 S. Broad St.
- 9 Sanchez Multi-Service Center
1616 Fats Domino Ave.
- 10 Stallings St. Claude Rec Center
4300 St. Claude Ave.
- 11 St. Bernard Rec Center
1500 Lafreniere St.
- 12 Treme Rec Community Center
900 N. Villere St.
- 13 Desire/Florida Multi-Service Center
3250 Industry St.
- 14 Keller Community Center
1814 Magnolia St.

Tennis Centers

- 1 Laffitte Grnwy Outdoor Fitness Park
1971 Lafitte St.
- 2 Milne Rec Center
5420 Franklin Ave.
- 3 Rosenwald Rec Center
1120 S. Broad St.
- 4 Sanchez Multi-Service Center
1616 Fats Domino Ave.
- 5 Stallings St. Claude Rec Center
4300 St. Claude Ave.
- 6 St. Bernard Rec Center
1500 Lafreniere St.

- 7 St. Roch Park Outdoor Fitness Park
1800 St. Roch Ave.
- 8 Treme Rec Community Center
900 N. Villere St.

Tennis Centers

- 1 Atkinson Stern Tennis Center
4025 S. Saratoga St.
- 2 Joe W. Brown Tennis Center
5601 Read Blvd.



REC CENTER ACTIVITIES

FREE-PLAY BASKETBALL

Free play basketball for youth and adults are offered at all NORD's full-service recreation Facilities Please contact the nearest Recreation Center for Youth and Adult Free play schedules.

FREE-PLAY PICKLEBALL

Pickleball is the latest fitness craze! A paddle sport created for all ages and skill levels. The rules are simple, and the game is easy for beginners to learn, but can develop into a quick, fast-paced, competitive game for experienced players. We offer pickleball at 4 of our rec centers, Gernon Brown, Joe Brown, Morris Jeff and Lyons. Please contact your nearest site for schedules.

FREE-PLAY VOLLEYBALL

Come play volleyball with us! NORD offers Free Play Volleyball at 4 of our Recreation Centers: Stallings, Joe W. Brown, Stallings, and Lyons Recreation Center. Please contact these select locations for schedules and details.

GOLF

Learn the basics on how to play the game, the difference of clubs and uses, how to swing, and more? In Class instruction in addition to outdoor practice. Space is limited. Visit Milne rec Center at 5420 Franklin Ave. to register today! Adult and youth sessions.

INTRO TO COMPUTERS

Learn the basics of how to use computers, the usage of word, excel and PowerPoint. In class instructions with the usage of our computer's labs. Visit Desire Florida and Rosenwald Annex to register today! Adults and youth sessions.

LAFITTE GREENWAY

Visit the Greenway! Greenway will be offering Monday Poetry Nights at the Greenway station and Open Skating on Saturdays at the Basketball.

MEDITATION

Come find your peace! Visit Treme Center and experience electrifying calmness before a hard day. Contact Treme Center for details and schedules.

SENIOR PROGRAMMING

Visit our Seniors Centers at Desire Florida and Rosenwald Annex for fun senior activities. Including, Bingo, healthy eating, smart driving classes, potlucks and more. Contact the your nearest location for monthly calendar.

WALKING CLUB

Get moving with this offering. The walking club promotes enthusiasm for walking and give the participates opportunity to walk and socialize around our gymnasium for an indoor fitness experience. Please visit your nearest full-service recreation Center to schedule.

WHEELCHAIR BASKETBALL

Come play wheelchair basketball with us! NORD offers Free Play Wheelchair basketball. Visit our Milne Recreation for registration information. .



♣ Pools

- | | | |
|--|---|--|
| 1 A. L. Davis Pool
2600 LaSalle St. | 7 Lyons Pool
624 Louisiana Ave. | 13 Stallings Gentilly Pool
2700 LaPeyrouse St. |
| 2 Federal City Pool
2220 Constitution St. | 8 Pradat Pool
7200 Dreaux Ave. | 14 Stallings St. Claude Pool
4300 St. Claude Ave. |
| 3 Gert Town Natatorium (Indoor)
3411 Broadway St. | 9 Rosenwald Pool
1120 S. Broad St. | 15 Taylor Pool
2600 S. Roman St. |
| 4 Harrell Pool
2202 Leonidas St. | 10 Sampson Pool
3100 Louisa St. | 16 Treme Pool (Indoor)
900 N. Villere St. |
| 5 Joe W. Brown Pool (Indoor)
5601 Read Blvd. | 11 St. Bernard Pool
1500 Lafreniere St. | 17 Whitney Young Pool
6500 Magazine St. |
| 6 Lemann Pool
4536 N. Prieur St. | 12 Sanchez Pool (Indoor)
1616 Fats Domino Ave. | |

FACILITIES

SPRING NORD FACILITY SCHEDULES



SPRING CLOSURE DATES

Spring programming is from January 2 - May 31
Facilities will be closed on the following dates:

Mardi Gras Day: February 13

Good Friday: March 29

Memorial Day: May 27

FITNESS CENTERS

NORD has seven fitness centers with cardio machines and exercise equipment and three outdoor fitness parks. The centers are free and open to ages 18+.

Cut-Off Rec Center

M-F 10 AM-9 PM SAT 9 AM-2 PM SUN Closed

Joe W. Brown Rec Center Fit Lot

M-F 6 AM-9 PM SAT 6 AM-9 PM SUN Closed

Lafitte Greenway Outdoor Fitness Park

M-F 6 AM-10 PM SAT 7 AM-6 PM SUN 7 AM-6 PM

Milne Rec Center

M-F 10 AM-9 PM SAT 9 AM-2 PM SUN Closed

Rosenwald Rec Center

M-F 10 AM-9 PM SAT 9 AM-2 PM SUN Closed

Sanchez Multi-Service Center

M-F 8 AM-9 PM SAT 9 AM-2 PM SUN Closed

Stallings St. Claude Rec Center

M-F 10 AM-9 PM SAT 9 AM-2 PM SUN Closed

St. Bernard Rec Center

M-F 10 AM-9 PM SAT 9 AM-2 PM SUN Closed

St. Roch Park Outdoor Fitness Park

M-F 6 AM-10 PM SAT 6 AM-10 PM SUN 6 AM-10 PM

Treme Recreation Community Center

M-F 8 AM-9 PM SAT 9 AM-2 PM SUN Closed

STAFFED PARKS/PLAYGROUNDS

Name	Address	District	Neighborhood
A. L. Davis	2600 LaSalle St.	B	Uptown
Bodenger	3400 Kansas St.	C	Algiers
Bunny Friend	1903 Desire St.	D	9th Ward
Carver	7410 Prytania St.	A	Uptown
Comiskey	600 S. Jeff Davis Pkwy.	B	Mid City
Conrad	3400 Hamilton St.	A	Uptown
Cut-Off	6600 Belgrade St.	C	Algiers
Devore	1500 Teche St.	C	Algiers
Digby	6600 Virgilian St.	D	New Orleans East
Easton	3141 Toulouse St.	A	Mid City
Eastshore	14600 Curran Rd.	E	New Orleans East
Goretti	7500 Benson St.	E	New Orleans East
Hardin	2500 New Orleans St.	D	7th Ward
Harrell	2202 Leonidas St.	A	Uptown
Joe W. Brown	5601 Read Blvd.	E	New Orleans East
Kenilworth	7820 Redfish St.	E	New Orleans East
Lafitte Greenway/ Lemann	1971 Lafitte St.	C	Treme
Lakeview	5501 Gen. Diaz St.	A	Lakeview
Lyons/Burke	624 Louisiana Ave.	B	Uptown
McCue 2601	Franklin Ave.	D	St. Roch NBHD
Milne 2500	Filmore St.	D	Gentilly
Morris F X Jeff.	2529 Gen. Meyer Ave.	C	Algiers
Norman	3301 Eton St.	C	Algiers
Norwood Thompson	7200 Forshey St.	B	GertTown
Oliver Bush	2500 Caffin Ave.	E	Lower 9th Ward
Pontchartrain	6500 Press St.	D	Gentilly
Pradat	7200 Dreaux Dr.	E	New Orleans East
Sampson	3211 Treasure St.	D	Desire
St. Roch	1800 St. Roch Ave.	D	St. Roch
Stallings Gentilly	2700 Lapeyrouse St.	D	Gentilly
Taylor	2600 S. Roman St.	B	Uptown
Willie Hall at Perry Roehm	2939 Touro St.	D	St. Bernard Community

TEEN CENTERS

Teen Centers are a fun and safe place where teens from local communities can socialize and have positive interactions with peers. Teen Centers include video gaming systems, HDTVs, board games, air hockey, ping pong, and more! Check Teens section for scheduled programming.

Cut-Off Rec Center

6600 Belgrade St. **M-F 4:00 PM-9:00 PM**

Joe W. Brown Rec Center

5601 Read Blvd. **M-F 4:00 PM-9:00 PM**

Lyons Rec Center

624 Louisiana Ave. **M-F 4:00 PM-9:00 PM**

Milne Rec Center

5420 Franklin Ave. **M-F 4:00 PM-9:00 PM**

Sanchez Multi-Service Center

1616 Caffin Ave. **M-F 4:00 PM-9:00 PM**

St. Bernard Rec Center

1500 Lafreniere St. **M-F 4:00 PM-9:00 PM**

TENNIS CENTERS

Court Fees: Mon-Thurs \$5/hr before 4:00 PM, \$7/hr after 4:00 PM; Sat-Sun \$7/hr. No reservations. First-come, first-served.

Atkinson Stern Tennis Center

4025 S. Saratoga St. | P: (504) 658-3060

9 clay courts

Mon-Thurs 8:00 AM-9:00 PM | Fri Closed

Sat-Sun 8:00 AM-4:00 PM

Joe W. Brown Tennis Center

5601 Read Blvd. | P: (504) 658-3071

10 hard courts

Mon-Thurs 11:00 AM-9:00 PM | Fri Closed

Sat-Sun 8:00 AM-4:00 PM

REC CENTERS

All Rec Centers are open Monday-Friday 10:00 AM-9:00 PM, Saturday 9:00 AM-2:00 PM and are closed on Sunday.

Name	Address	Phone
Annunciation Rec Center	800 Race St.	(504) 658-3095
Cut-Off Rec Center	6600 Belgrade St.	(504) 658-3058
Desire/Florida Multi-Service Center	3250 Industry Street	504-658-3076
Gernon Brown Rec Center	1001 Harrison Ave.	(504) 658-3151
Joe W. Brown Rec Center	5601 Read Blvd.	(504) 658-3080
Keller Community Center	1814 Magnolia St.	TBA
Lyons Rec Center	624 Louisiana Ave.	(504) 658-3004
Milne Rec Center	5420 Franklin Ave.	(504) 658-3088
Morris FX Jeff Rec Center	2529 General Meyer Ave.	(504) 658-3170
Rosenwald Rec Center	1120 S. Broad St.	(504) 658-3090
Sanchez Multi-Service Center	1616 Caffin Ave.	(504) 658-3059
St. Bernard Rec Center	1500 Lafreniere St.	(504) 658-3040
Stallings St. Claude Rec Center	4300 St. Claude Ave.	(504) 658-3053
Treme Recreation Community Center	900 N. Villere St.	(504) 658-3160

POOLS

All pools are open Monday-Friday 8:00 AM-8:00 PM, Saturday 9:00 AM-2:00 PM and are closed on Sunday.

Name	Address	Phone
Gert Town Natatorium (Indoor)	3411 Broadway St.	(504) 658-3096
Joe W. Brown Pool (Indoor)	5601 Read Blvd.	(504) 658-3020
Sanchez Pool (Indoor)	1616 Caffin Ave.	(504) 658-3067
Treme Pool (Indoor)	900 N. Villere St.	(504) 658-3162



Interested in renting a park, shelter or gym for your upcoming special event or film location? We have facilities to suit any occasion – from family reunions, community meetings, and wedding receptions to large tournaments and neighborhood festivals. In addition, facility rental income directly benefits improvement efforts at all NORD recreational centers and parks.

NORD spaces available for rent include:

- ✿ Picnic shelters in Joe W. Brown Memorial Park
- ✿ Greenspace and/or playgrounds at various parks/ playgrounds around the city
- ✿ Meetings spaces for groups ranging in size from 10-100 attendees
- ✿ Multipurpose athletic fields (football, baseball/ softball, soccer fields; covered and uncovered basketball courts)
- ✿ Recreational center gymnasiums
- ✿ Dance rooms
- ✿ Football and/or track stadiums
- ✿ Indoor pool in Joe W. Brown Memorial Park or at the Gert Town Natatorium (additional rental restrictions apply)

Follow these easy steps to rent a NORD facility:

1. Download the NORD Facility Rental/Permit Application on www.nordc.org.
2. Complete and sign the application and return to the NORD Rental Division a minimum of 15 business days before your requested event date. The Rentals Division will be in contact via email or phone to verify availability or offer alternate dates and provide a detailed quote within two to three (2-3) business days.
 - In person or mail: Rentals Division: 5420 Franklin Ave., New Orleans, LA 70122
 - Phone: (504) 658-3084
 - Fax: (504) 658-3086
 - Email: nordcrentals@nola.gov
3. Once all details are confirmed, a reservation confirmation from the NORD Rental Division will be sent via email. The deposit is required within 30 days and the complete rental fee is due 15 business days before the event date.
4. Once confirmed, any requested changes to the application must be received in writing and approved by the NORD at least five (5) days prior to the scheduled event.





Frequently Asked Questions

HOW MUCH DOES IT COST TO RENT A NORD FACILITY?

Rental fees vary and are specific to each event. Once the NORD Rental Division receives your application, an appropriate rental fee will be given to you along with any other permitting requirements, such as security, insurance, or relevant special event permits.

WHAT HAPPENS IF THERE IS INCLEMENT WEATHER?

In the case of inclement weather, if the request is received by 3pm Friday before your event date, NORD will allow the applicant to reschedule their rental within six months of the event date. Once the facility/venue is occupied, there will be no refunds given due to weather and the rental fee will be forfeited.

WHAT FORMS OF PAYMENT DOES NORD ACCEPT?

NORD accepts business checks, certified cashier's checks and money orders ONLY as forms of payment. No cash, personal checks, or credit cards.

WILL NORD PROVIDE TABLES AND CHAIRS FOR MY EVENT?

NORD does not provide tables and chairs for outdoor events. Events in a NORD Recreation Center may have access to tables and chairs based on availability. It is the responsibility of the applicant to set up and break down tables and chairs for their event.

WHAT TYPES OF ACTIVITIES ARE ALLOWED WHEN RENTING NORD FACILITIES?

- ◆ Live or DJ entertainment
- ◆ Use of a non-water inflatable/spacewalk
- ◆ Grilling on self-provided grills

WHAT TYPES OF ACTIVITIES ARE NOT ALLOWED AT RENTED NORD FACILITIES?

- ✗ The sale of food, beverages, goods or merchandise without written approval from NORD and will require additional permits from the City of New Orleans through One Stop Shop. Concession stands are reserved for the exclusive use of the NORD Booster Clubs.
- ✗ Erecting stages, tents and/or booths without written approval from NORD will require additional permits from the City of New Orleans through One Stop Shop.

For events that require tents and staging, all necessary permits from city agencies must be obtained and presented to the NORD Rental Office before NORD will approve use. To contact the City of New Orleans' One Stop Shop, www.nola.gov/onestop or 1300 Perdido St, 7th Floor, New Orleans, LA 70112.

AQUATICS

AMERICAN RED CROSS PROGRESSIVE SWIM LESSONS



SWIM LESSONS

We are proud to offer American Red Cross Progressive Swim Lessons to the community. Please see the class availability for the pool of your choice. Registration is completed at each individual pool. Please see class descriptions and offerings within this brochure to assist with registration.

SWIM LESSON REGISTRATION

- Session I: Feb 5-9
- Session II: Mar 4-8
- Session III: Apr 8-10

SWIM LESSON SESSIONS

- Session I: Feb 12-Mar 2
- Session II: Mar 11-Apr 5
- Session III: Apr 15-May 10

Disclaimer: On the Wednesday before the registration deadline, courses will be assessed for minimum numbers. If a course does not have three registered participants on that date, it will be canceled.

HOW TO REGISTER

Submit completed registration form to an aquatics facility. Registration forms are available at all indoor pools and online at nordc.org. Participants can only register for one class per session and must attend the first class or they will be dropped from the course.

ADULT SWIM WORKSHOP

Not ready for lap swimming? Enroll in our Adult Learn to Swim courses. Beginner through refresher courses available.

LAP SWIM

Lap lanes are available all day at our year-round pools. Swimming is a very healthy way to work out!

PRE-LIFEGUARD TRAINING

Class designed for individuals pursuing a career in lifeguarding. The training will consist of shallow and deep-water rescues, first aid, and CPR.

JUNIOR LIFEGUARD PROGRAM

This is a pre-lifeguarding program designed for the individual that would like to become a lifeguard in the future. Participants are introduced to lifesaving skills, basic lifeguarding knowledge and introduces an 11-14 year old to the world of lifeguarding. *Prerequisites: swim 25 yards front crawl with a breathing pattern; swim 25 yards breast stroke using a pull, breathe, kick and glide sequence; tread water for 1 minute using arms and legs; float on the back for 30 seconds; swim 10 feet under water.*

SWIM TEAM

This competitive program offers the opportunity to improve swimming skills, endurance and promote a healthy lifestyle. Ages 5-18.

WATER AEROBICS

Low Impact/High Impact

Join one of our water aerobics classes for non-weight bearing exercise. No prerequisites. Ages 16+

SWIM LESSON DESCRIPTIONS

Parent Child Aquatics: Levels 1 & 2 6-36 mos. (Tadpoles 1-2). This is a parent guided course. Instructors teach the parent basic water orientation skills to perform with their child, including guiding parents with methods to accomplish those skills. An adult must be in the water with each student.

Preschool Aquatics: Levels 1-3 Ages 3-5 (Nemo 1-3). This course is designed for the first experience in the pool without the parent. Students learn water safety, water exploration, survival, and basic water skills such as blowing bubbles and kicking. Course is leveled. Successful completion of one level is required for participation in the next.

Learn to Swim: Levels 1-5 Ages 6-12, 13-16, 16+, Adults Level 1 (Starfish 1, Shark 1, Dolphin 1). No Prerequisites.

Level 1 is designed to accomplish basic water comfort, basic water safety skills, beginning kicking, rudimentary arm movements, blowing bubbles and submerging the face.

Level 2 (Starfish 2, Shark 2, Dolphin 2) Level 2 is designed to build on Level 1 skills as well as adding skills: independent movement, combined arm and leg action on front and back, gliding, retrieving objects under water and water safety skills. Prerequisite successful completion of Level 1.

Level 3 (Starfish 3, Shark 3, Dolphin 3) Level 3 course begins the formation of strokes. Putting the parts together to perform a basic front crawl or elementary backstroke, kick like a dolphin, learn about diving, survival float, and add to their water safety skills. Prerequisite successful completion of Level 2.

Level 4 (Starfish 4, Shark 4, Dolphin 4) Level 4 focuses on improving the basic stroke developed in Level 3. Breaststroke and sidestroke fundamentals and dolphin kick and backstroke are a part of this course. Prerequisite successful completion of Level 3.

Level 5 (Master Swimmer) Level 5 is where students will refine their strokes. This is the fine tuning of all six major strokes; elementary backstroke, front crawl, breaststroke, sidestroke, backstroke and butterfly. At the successful completion of this level, the student is prepared to progress to a competitive level, swim club or swim team. Prerequisite successful completion of Level 4.

ATHLETICS

2024 ATHLETIC SCHEDULE



Basketball Championships

- Middle School Basketball Championships Friday, March 1, Beginning at 5:30pm @ JWB
- NORD Basketball Championships Saturday March 2, Beginning at 9:30am @ JWB

Track and Field

- Track registration February 2 - March 2
- Peewee Track starts Thursday March 21, 6:30 PM at Harrell
- NORD Fun Run Saturday March 16, at 9:00 AM at Harrell
- Tune Up Meet Saturday March 23, 9:00 AM at JWB
- Morris XF Jeff Relays Saturday April 6, 9:00 AM at JWB
- Elton Mims Relays Saturday April 13, 9:00 AM at Harrell
- Citywide District Meet Saturday April 20, 9:00 AM at JWB
- Steven J. George Citywide Track and Field Championship Saturday April 27, 9:00 AM at JWB

Baseball Softball

- Registration March 11- April 13
- Coaches Clinic March 23 at Wesley Barrow 9:30am
- Season Kickoff Jamboree May 4 @ Kenilworth 9:30am
- Season starts May 9
- Championships July 10-13 @ 6:00pm

Flag Football

- Registration June 10 - July 1
- Coaches Clinic June 12 at Harrell Playground
- Season starts July 20
- Championship Tournament August 3 at Joe Brown Stadium

Cheerleading

- Registration July 8 - August 12
- Cheer Clinic July 20 at Rosenwald Rec Center
- Cheer Championship November 1 at Joe Brown Rec Center

Volleyball

- Registration August 1 - August 21
- Coaches clinic August 8
- Season starts September 14
- Championships October 26 at Rosenwald



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nordc.org



Tackle Football

- Registration June 1 – August 1
- Coaches Clinic July 25 at Rosenwald Rec Center
- NORD Tackle Football Jamboree August 24 at Joe Brown Stadium 9:30am
- Season starts August 29 at Joe Brown Stadium
- Division II Championship November 2 at Morris F.X. Jeff Stadium
- Division I Championship November 9 at Joe Brown Stadium
- All Star Game dates TBD

How to Register

Parents may register players at their desired playground if there are teams for the current season. Parents may also register online. Required registration forms can be found at nordc.org. Documents needed to register for every NORD sport: Athletics-Registration-Form-2023.pdf

- NORD Consent for Health Care Form
- Athletics Player/Parent Contract and Code of Conduct
- COVID-19 Liability Waiver and Release form
- Original Birth Certificate
- Proof of Orleans Parish Residence

All completed registration forms and mandatory supplementing documents must be submitted via email to nordcathletics@nola.gov.



We're Looking For Some Good Volunteers!

Volunteer Coach Requirements:

Baseball, Basketball, Cheerleading, Soccer, Football, Softball, Track & Field, Volleyball

- Complete and submit a volunteer application
- Submit and clear a background check
- Complete SafeSport online training and submit certificate
- Attend all clinics, trainings and coaches meetings

Track and Field

Registration Last day to register: March 2
Season March 16–April 18
Players Ages 5–14; Boys/Girls

Teen Baseball and Softball

Registration Last day to register: April 13
Season April 27–June 29
Players Ages 15–18; Boys/Co-Ed

Baseball

Registration Last day to register: April 13
Season April 27–June 29
Players Ages 4–14; Boys/Co-Ed

Softball

Registration Last day to register: April 13
Season April 27–June 29
Players Ages 5–14; Girls

Basketball Fundamentals

Does your youth want to improve their basketball skills? Basketball fundamentals classes focus on the basic basketball fundamentals of kids ages 5–14. Classes are energetic, participative, and fun. Each week young players are introduced to new individual and team drills. For more information please contact 504-658-3090 for Rosenwald or 504-658-3080 for Joe W. Brown.

Spartan Boxing

Spartan Boxing Club (SBC) in partnership with NORD will provide boxing programming to youth and adults of Orleans Parish. SBC will connect New Orleans citizens to the sport of boxing by using consistent workout regimens, as well as competition and techniques used in boxing to build and strengthen the bodies, minds, and characters of participants.

To register or for more information, please contact William Montgomery (504-388-7269), Terry Dominique (504-920-2661), or Rhonda Lee (504-617-3814). Ages 8+



PARTNERSHIP

FEB 20-APRIL 14



PROGRAMS

- **Tykes Soccer** (ages 3-4): Tuesday or Thursday at Easton 5:00-5:30pm
- **Tykes Soccer** (ages 3-5): Friday at Norman 5:00-5:30pm
- **Recreational Soccer** (ages 8-12): Tuesday or Thursday at Easton 5:30-7:00pm
- **Recreational Soccer** (ages 6-14): Friday at Norman 5:30-7:00pm



Easton: 3141 Toulouse Street | New Orleans, LA

Norman Playground: 3131 Eton Street | New Orleans, LA

THE 18TH WARD
504-435-9552

Instagram: @the18thward
www.the18thward.org



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**WED
FEBRUARY
7TH**
6pm-8pm

NATIONAL WOMEN & GIRLS IN SPORTS DAY



**FOR GIRLS
5-18 YEARS OLD**

SCAN

QR CODE TO REGISTER



ACTIVITIES:

- Fundamentals in Basketball
- Swimming
- Tennis
- Volleyball

SMALL GROUP SESSIONS

LEARN ABOUT:

- Sports Jobs
- Nutrition Jobs

Joe W. Brown Rec Center
5601 Read Boulevard | NOLA 70126



www.nordc.org

Register Online!

CULTURAL ARTS



Visit nordc.org/activities, call 504-658-3015 or email NORDCcultural@nola.gov

DANCE & THEATRE

CASA SAMBA

Classes combine traditional music, vocals, theatre, dance and drumming to capture the spirit of Carnival in Brasil and Afro-Brasilian traditions and history. Registration is ongoing. Fees apply. For more information please contact (504) 236-7479 or dealsambaman@yahoo.com.

NOLA OUTRAGE DANCE TEAM

NOLA Outrage Dance Team is more than just DANCE; we encourage youth to embrace their talents by expressing themselves during each class and performance. Each dancer will be given the opportunity to strive for excellence by competing in various competitions while enjoying the art of dance! Ages 6+. For more information or to register, call Chantell Payne at 504-222-3571 or email nolaoutragedance@yahoo.com.

www.nolaoutragedanceteamllc.com

CULTURAL ARTS REGISTRATION

Registration for piano, guitar, dance, and art is required at your rec center of choice.

N'KAFU AND CULU TRADITIONAL AFRICAN DANCE COMPANY

N'Kafu Traditional African Dance Company is dedicated to the documentation, research, promotion, and preservation of traditional African folklore. N'Kafu and Culu (Children) offers dance, song, and drum classes at Treme Recreation Community Center. For more information please contact Mariama Curry at (504) 430-0894.

TEKREMA CENTER FOR ART & CULTURE

Tekrema Center for Art and Culture's mission is the maintenance, development and perseverance of African Diaspora art and culture through training and research in the arts, and the dissemination of these resources through classes, presentations, exhibitions, publications, and public lectures. Fees apply. For more information, please see tekremacenter.com or contact TekremaCenter@gmail.com.



NOBA CENTER FOR DANCE

The NORD/NOBA Center for Dance was founded in 1992 as a groundbreaking cultural and community partnership between NORD and the New Orleans Ballet Association (NOBA) to make dance accessible to all school-age children. NORD/NOBA Center for Dance also offers classes for adults and seniors. Fees may apply. For more information please contact 504-522-0996 or email mwhite@nobadance.com or sbensinger@nobadance.com.

Registration is required at your rec center of choice.

Aline Neves de Souza, lead teaching artist at The Chevron Studio in Lyons Recreation Center, has worked with NOBA and NORD Commission as lead instructor for Performing Arts for 12 years.

Aline, a native of Brasil, holds a degree in physical education from the Universidade Castelo Branco and is a graduate from Escola Estadual de Danças Maria Olenewa of the Municipal Theatre of Rio de Janeiro. She performed and toured internationally with the Ringling Brothers, Barnum, & Bailey Circus, and in festivals as a dancer and aerialist. Aline has danced and choreographed for Komenka Ethnic Music and Dance Ensemble, performing nationally and in Bulgaria, France, and Canada. She has served as Local Rehearsal Director for Center for Dance Student Projects with Complexions Contemporary Ballet, Ballet Hispanico, Parsons Dance and Limon Dance Company. She is the founder and lead instructor for the Senior Dance Fitness Program with NORD Commission. She also serves as the NOBA Director for The Nutcracker Suite.

VISUAL ARTS

DRAWING FOR ADULTS

Engage adults in introductory drawing classes. Ages 18+

GRAPHITE DRAWING

- Familiarize yourself with basic drawing equipment such as graphite pencil, drawing paper, tape, drawing boards, and erasers
- Learn the importance of line technique to record/synthesize volume, shape, proportion, space and value properly
- Draft line drawings with graphite pencil and drawing paper

PERSPECTIVE AND FORM GRAPHITE DRAWING

- Recreate simple landscape photos using graphite pencil
- Create and manipulate texture and value with graphite pencil
- Utilize measuring techniques to gauge perspective and form with graphite pencil
- Begin perspective and figure drawing with graphite drawing

SELF PORTRAITURE AND REALISM DRAWING

- Hone graphite pencil and charcoal skills to master volume, perspective, form, space, and value
- Learn additive and subtractive value drawing techniques
- Learn to manipulate light and shading on realism and portraiture to reflect environment
- Draft self-portraits with graphite pencil
- Draft realism pieces with graphite pencil and drawing paper at an intermediate level



CULTURAL ARTS

Visit nordc.org/activities, call 504-658-3015 or email NORDCultural@nola.gov



MUSICAL ARTS

BEGINNER GUITAR

Want to move from air guitar to the real thing? Come start perfecting your solo by obtaining beginner guitar skills. Learn how to properly hold the instrument, place your fingers, and strike the strings. Music enthusiasts ages 10+ welcome. No previous experience necessary. For more information contact 504-658-3011, or email nordccultural@nola.gov.

Gregory Jones has traveled the world and played in numerous bands. He received his Master of Fine Arts and teaches both Adult Drawing and Guitar with NORD Commission. He enjoys instructing students and has taught for more than ten years.

NORD SENIOR CHOIR

Seniors age 55+ of all skill levels who like to sing and have fun are welcome. The Senior Choir performs regularly at NORD events in addition to senior centers, churches, and community events. For more information or to register, call (504) 658-3075 or email NORDCultural@nola.gov.

VOCAL MUSIC PROGRAM WITH TONYA BOYD-CANNON

The New Orleans Jazz & Heritage Foundation offers a vocal music program for kids led by musical artist Tonya Boyd-Cannon. Calling young singers who want to perfect their talent with support from a professional singer. There is no cost to participate, but students must pass an audition to be included. To register for auditions go to www.jazzandheritage.org/what-we-do/vocal-classes-for-kids-with-tonya-boyd-cannon. Boys and girls. Ages 9-13.

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ADULT GUITAR
Lessons

FUN LEARN PLAY

CALL
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(504) 658-3011





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PIANO

Have fun learning anew or brushing up on your piano skills. NORD offers group lessons at all skill levels. Learn how to read music, proper playing technique, and elementary music theory. Registration is no cost and ongoing for students ages 6+. Register at your recreation center of choice. Registrars will work with each student to select a specific day and time. Student learns the basic posture, theory, and position of the instrument. Student learns basic technique including affinity towards reading sheet music, note identification, fingering, rhythm creation and identification, and major and minor chords. Student begins warming up independently and learns dynamic playing with key signature changes.

Student will prepare a minimum two pieces for performance per semester.

Alton Blunt began piano lessons at the age of 6. Along with playing the piano, Mr. Blunt is a multi-instrumental artist; he began playing the tuba at Mary D. Coghill and McDonald #39 Elementary Schools. Also he learned and played the baritone horn at P. A. Capdau Jr. High and at George Washington Senior High School. Mr. Blunt began playing for churches at the age of 14 and became the director of a youth choir by the age of 17. This began his journey of becoming a piano and organ instructor as well. Ms. Blunt attended Southern University at New Orleans as a career student in 1976. Majoring in instrumental and vocal music and later graduating in 1990. Mr. Blunt has proudly served as a piano instructor and the senior choir director for NORD for five years.



NORD
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PIANO LESSONS

A FREE great opportunity for both youth & adult to learn to play the piano

More Information

CALL CULTURAL PROGRAMS:
(504) 658-3011

NORD
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JOIN OUR VISUAL ARTS 2023

ART CLASSES

For more information, call
Cultural Programs: (504) 658-3011
WWW.NORDC.ORG
SEE YOU THERE!

FITNESS



Visit nordc.org/activities/fitness, call (504) 658-3027, or email NORDCfitness@nola.gov

FITNESS AT NORD

- Classes are January 6–May 31
- No cost unless otherwise noted. Open to people of all ages and abilities.
- No pre-registration is needed and equipment is provided.

ADULT FITNESS

Elevate your mood and energy levels with this cardio fitness class that combines kickboxing and aerobics to tone and firm your body.

AM CIRCUIT

Want a simple workout to start your day? FitNOLA @ NORDC has got you covered! This circuit workout works your entire body with cardio, lower body, upper body, and core exercises. Exercises are meant to burn calories, excess fat, bring out the best in you, and prove that you can do things you never thought possible!

BARRE ABOVE

Barre Above® is a totally unique approach to barre workouts as you've seen them. Fusing the best of pilates, yoga, aerobics, and elements of the strengthening exercises dancers do, Barre Above® delivers a results-driven workout that is not only fun and dynamic, but it will sculpt your body and get you into absolutely amazing shape.

BODY SCULPTING

Body sculpting includes body weight and compound toning exercises that will keep each participant burning calories from start to finish while firing up their metabolism, helping to lose weight and strengthen bones. All the while promoting and improving the growth and success of a healthy lifestyle.

CARDIO BLAST

High energy and great music. This group fitness class includes elements of cardio, stretching, pilates, meditation, cardio, strength training, abs, and glutes. All you need is a yoga mat with a smile. ALL LEVELS welcome!

FITNESS FUSION

Fitness Fusion will give you a total workout, combining all elements of fitness: cardio, muscle conditioning, balance and flexibility. Each class will boost energy and give you a serious dose of "awesome" each time you leave. Registration is ongoing. A fee may apply.

HIP HOP CARDIO

Hip Hop Cardio is a fun and engaging way to achieve the ultimate cardio workout. Enjoy dancing to some of your favorite music with signature hip hop moves working everything from legs and glutes to arms and core. This high-energy cardio class is a family reunion and your favorite party wrapped in one. You do not need to be a dancer or know how to dance to enjoy this class and get the best cardio workout of your life!

HIP HOP KICKBOXING AT THE LAFITTE GREENWAY

Get fit and get your kicks! This energetic group workout uses punches, jabs, kicks, and other kickboxing moves, set to your favorite hip hop music, to give you a full-body workout. All levels are welcome. This is a non-contact kickboxing class.

KETTLEBELL

Incorporating the principals of high-intensity interval training, Kettlebell class uses weights, kettlebells, medicine balls, ropes, and body-weight exercises to get your heart rate up and your body sweating! No two classes are the same to keep your body guessing and your mind engaged. All skill levels are welcome as exercises can be modified to fit individual limitations.

LINE DANCING

Get those dancing shoes on for this class that combines low, moderate and high energy dance routines set to R&B and soul music. It's a great form of exercise, a way to relieve stress, and most of all, a ton of fun!

MORNING MOTIVATION

Start your morning with a motivational start to your day. This stretch class will revitalize and rejuvenate the muscles; increasing joint range of motion, support better posture, enhance coordination and balance, and most of all relieve stress. Combined with soothing and relaxing music, this class will help increase the quality of life and everyday living. Motivating you to power through the day better than ever.

PILATES

Pilates is a fun, low-impact and full body fitness program designed for anyone wanting a new twist on getting that awesome body! Our Pilates Mat class will flatten your abs, shape your booty and legs, increase your strength and endurance, invigorate your mind, enlighten your spirit, and improve your posture, balance and coordination.

SENIOR DANCE FITNESS

This upbeat dance workout mixes modern moves with strength training. Come learn some new moves, keep your heart rate up and have some fun!

WEIGHT ROOM MOTIVATION

Are you new to the weight room, a novice to resistance training, confused about how to use the equipment? Well Motivated Muscle's Weight Room Motivation is for you. During this one hour class you'll become familiar with the weight room equipment; how to use them, what muscle group(s) each works, and even how to turn them on (if necessary), etc. So come and learn how to be a master of the weight room.

YOGA - CHAIR

Yoga is for everyone! Experience an inspiring practice with the support of a chair to foster a greater sense of stability and balance. This class will help participants gain strength and mobility, helping to relax and leave feeling centered. Also great for those who have difficulty getting up and down from the floor. Join the flow with us!

YOGA - GENTLE

Gentle yoga is appropriate for those who want a softer, nurturing, slow-paced, well-supported and relaxing practice. It is ideal for those with limited mobility, seniors, those with disabilities, and beginners.

YOGA - VINYASA

Vinyasa is a style of yoga characterized by stringing postures together so that you move from one pose to another seamlessly, at a moderate pace using breath. This class is designed for those that want a stronger practice or more physical "workout".

ZUMBA

Love to dance? Join us for this total workout, where we mix low-intensity and high-intensity Latin inspired dance moves with all elements of fitness like cardio, muscle conditioning, balance, and flexibility. All levels are welcome.



FITNESS

Visit nordc.org/activities/fitness, call (504) 658-3027, or email NORDCfitness@nola.gov



FITNOLA SPRING SCHEDULE

Class Name	AGE	Day	Start Time	End Time	Location	Room	FitNOLA Dsg.	DIFFICULTY	INTENSITY	START	END
Senior Fitness w/ ANEW Fitness	55+	Tues	10:30 AM	11:20 AM	Lyons	GYM	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Hip-Hop Cardio	*	Sat	10:00 AM	10:50 AM		MTP 1	FitNOLA Immersive	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Senior Fitness w/ ANEW Fitness	55+	Mon/Fri	10:00 AM	10:50 AM	Sanchez	MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Senior Fitness w/ ANEW Fitness	18+	Thurs	10:00 AM	10:50 AM	Cut-Off	MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Dance Cardio	18+	Tues/Thurs	9:30 AM	10:20 AM	Milne	GYM	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Sept. 5	Dec. 31
Adaptive Functional Fitness	*	Mon/Wed	11:00 AM	11:50 PM		GYM	FitNOLA Immersion	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Senior Resistance Training	55+	Mon/Wed	10:00 AM	10:50 PM		GYM	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Line Dancing	*	Wed	6:00 PM	6:50 PM		MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Adaptive Dance Cardio	*	Tues/Thurs	10:00 AM	10:50 AM	Morris Jeff	GYM	FitNOLA Immersion	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Line Dancing	55+	Thurs	11:00 AM	11:45 AM	Florida/Desire	MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Line Dancing	55+	Thurs	12:00 PM	12:50 PM		MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Adaptive Hip-Hop Cardio	*	Wed/Thurs	10:00 AM	10:50 AM		MTP	FitNOLA Immersive	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Guided Meditation/Stretching	55+	Mon/Wed	10:30 AM	11:20 AM		MTP	FitNOLA Seniors	BEGINNER	LIGHT	Jan. 3	Jun. 1
Adaptive Hip-Hop Cardio	*	Mon/Wed	10:00 AM	10:50 AM	GERNON BROWN	MTP	FitNOLA Immersive	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Dance Cardio	*	Mon/Wed	11:00 AM	11:50 AM		MTP	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Pilates	*	Tues/Thurs	9:00 AM	9:50 AM		MTP	FitNOLA MOVE	BEGINNER	LIGHT	Jan. 3	Jun. 1
Zumba	*	Mon/Wed	6:50 PM	7:40 AM		MTP	FitNOLA MOVE	BEGINNER	LIGHT	Jan. 3	Jun. 1
Zumba	*	Sat	9:00 AM	9:50 AM		MTP	FitNOLA MOVE	BEGINNER	LIGHT	Jan. 3	Jun. 1
Open Meditation	*	Mon	8:30 AM	9:20 AM	Rosenwald Annex	DANCE ROOM	FitNOLA Immersive	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Yoga/Chair Yoga	*	Tues/Thurs	10:00 AM	10:50 AM	ROSENWALD	DANCE ROOM	FitNOLA Seniors/FitNOLA Immersion	BEGINNER	LIGHT	Jan. 3	Jun. 1
Adaptive Functional Fitness	*	Mon/Wed/Fri	10:00 AM	10:50 AM		GYM	FitNOLA Immersion	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
TRX Circuit	*	Tues	6:00 PM	6:50 PM	Brake Tag Station	BRAKE TAG	FitNOLA STRONG	INTERMEDIATE	MODERATE	Jan. 3	Jun. 1
Boot Camp	*	Thurs	6:00 PM	6:50 PM		BRAKE TAG	FitNOLA STRONG	INTERMEDIATE	MODERATE	Jan. 3	Jun. 1
Cardio Blast	*	Sat	10:00 AM	10:50 AM		BRAKE TAG	FitNOLA STRONG	INTERMEDIATE	MODERATE	Jan. 3	Jun. 1
Hip-Hop Cardio	*	Tues	6:00 PM	6:50 PM	Joe W. Brown	TEEN CENTER	FitNOLA Immersive	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Line Dancing	*	Wed	5:30 PM	6:20 PM		Practice Gym	FitNOLA Move	BEGINNER	LIGHT	Jan. 3	Jun. 1
Cardio & Resistance Training	*	Thurs	5:30 PM	6:20 PM		TEEN CENTER	FitNOLA MOVE	BEGINNER	LIGHT		
FitLot Circuit	65+	TBD	TBD	TBD		FitLot	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Line Dancing	*	Sat	10:30 AM	11:20 AM		Practice Gym	FitNOLA Move	BEGINNER	LIGHT	Jan. 3	Jun. 1
Line Dancing	*	Sat	11:30 AM	12:20 AM		Practice Gym	FitNOLA Move	BEGINNER	LIGHT	Jan. 3	Jun. 1
Chair Yoga	55+	Tues/Thurs	10:00 AM	10:50 AM	Stallings St. Claude	MTP	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Guided Meditation/Stretching	55+	Tues/Thurs	11:00 AM	11:50 AM		MTP	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Adaptive Functional Fitness	*	Tues/Thurs	10:00 AM	10:50 AM	Keller Community Center	MTP	FitNOLA Immersion	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Line Dancing & Second Line Dancing	*	Tues/Thurs	9:00 AM	9:50 AM	Treme	MTP	FitNOLA Move	BEGINNER	LIGHT	Jan. 3	Jun. 1
Chair Yoga	*	Tues/Thurs	9:00 AM	9:50 AM		MTP	FitNOLA Seniors	ADAPTIVE	ADAPTIVE	Jan. 3	Jun. 1
Dance Fitness with NOAGE	65+	Tues	6:00 PM	6:50 PM		MTP	FitNOLA Seniors				

* Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.



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the
fundamentals
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Sewing Classes



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- PURSES
- PILLOWS
- DRESSES
- BEADING



Fundamental sewing skills,
hand stitching, hemming,
basic sewing machine
usage.

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Call Cultural Programs



CALL (504) 658-3011



OUTDOORS



Visit nordc.org/outdoors, call (504) 658-3082, or email NORDCoutdoors@nola.gov



All outdoors programs are FREE and all equipment is provided. Programs meet behind Joe W. Brown Rec Center unless otherwise specified. Registration or reservations are usually required.

A CALL FOR OPEN CANOEING & FISHING VOLUNTEERS! WE NEED YOU!

Join our spirited, easy-going crew for a unique volunteering experience. NORD Outdoors is looking for volunteers to help lead its Open Canoeing & Fishing activities at Joe W. Brown Park in New Orleans East. We operate on Saturdays (March 9–Nov. 2) from 10:00 a.m.–2:00 p.m. Training for all activities is provided. If you aren't familiar with outdoor recreation, step out of your comfort zone! Must be age 15+ to volunteer.

OPEN CANOEING & FISHING

Visit the friendly NORD Outdoors team behind the Joe W. Brown rec center every Saturday (March 9–Nov. 2) from 10:00 a.m.–2:00 p.m. Sign out canoeing equipment or fishing tackle and enjoy this self-guided experience at the beautiful Joe W. Brown Park! It's free! The park features two lagoons and over a mile of winding canals. Admire wildlife. Snag a big bass, bluegill, or catfish from our spacious, ADA-accessible dock! No experience? No problem. Our staff and dedicated volunteers provide introductory paddle and fishing lessons. Come solo or bring the fam!

Important info: For groups of 10 or less, come at your convenience; no reservation required. For groups of more than 10, please call in advance to reserve a time. Open to all ages. Children under age 10 must be accompanied by an adult. A parent or guardian must sign a waiver for children under age 18. For Open Fishing, a freshwater fishing license is required for participants age 16 and over.



OPEN ARCHERY

Swing by our archery range every Thursday to unwind, learn a new skill - or both. It's free! A certified archery instructor will always be on hand, providing thorough safety instructions and plenty of tips about technique and form. Improve your form with each session. Master the fundamentals.

Important info: Visit nordc.org/outdoors to reserve your target. You may bring one guest per target when space is available. Ages 8+. Sessions offered every Thursday at 4:00 p.m., 5:00 p.m. and 6:00 p.m. Open year-round! Location: Joe W. Brown Archery Range. Take the second entrance into the park from Read Blvd. near the fire station. Range located behind the Spartan Field House near the playground. All equipment is provided.

GROUP ACTIVITIES

To reserve or for more information, visit nordc.org/outdoors, call (504) 658-3082, or email NORDCoutdoors@nola.gov.

Looking to try something new and constructive with your youth group, school group, club, organization, or family? We take all comers! Check out our diverse offerings. Important info: Activities are free. Minimum of eight participants. A single activity is typically 2–3 hours. For field trips, multiple activities may be booked. See descriptions for age ranges. Availability: Tues–Friday (year-round) from 9:00 a.m.–6:00 p.m. Saturdays are also available Nov. 2–March 1 from 10:00 a.m.–2:00 p.m.

*** Archery:** Learn bow-shooting skills and range safety with a certified archery instructor. Shoot a few rounds of arrows and test your accuracy. Improve your form with each session. Master the fundamentals. (Ages 8+)

*** Canoeing:** Tour the Joe W. Brown lagoons by canoe. Learn basic paddling skills and canoe safety with a seasoned instructor. All equipment provided; no experience necessary. The park features two lagoons and over a mile of winding canals! One adult is required for every two children under age 10. (Ages 3+)

*** Fishing:** Learn basic bait rigging, knot tying, casting, and fish identification with a seasoned instructor. Snag a big bass, bluegill, or catfish from our spacious, ADA-accessible dock! All equipment provided; no experience necessary. A freshwater fishing license is required for participants age 16 and over. (Ages 7+)

*** Nature Walk:** Experience the wonders of Louisiana in our own backyard. Professional outdoors enthusiasts will introduce you to the robust ecosystems within Joe W. Brown Park or the nearby Audubon Nature Center. For youth and teens, nature walks include a series of educational activities that engage the senses. (Ages 5+)

*** Basic Survival Skills:** Go off the grid and learn the basics of shelter building, fire building, and water purification in this hands-on class at Joe W. Brown Park. Gain knowledge about local medicinal or edible plants that can be found in the park and often in your own neighborhood. (Ages 5+)

*** Geocaching:** Develop the skills to become a successful geocacher in this worldwide, GPS-based treasure hunt! Try to find every cache within our Joe W. Brown Park course, which now includes two advanced caches mimicking real-world scenarios. Children under age 10 must be accompanied by an adult. For more info about the culture, concepts, and history of geocaching, visit geocaching.com. (All Ages)

OUTDOORS

Visit nordc.org/outdoors, call (504) 658-3082, or email NORDCoutdoors@nola.gov



CAMPING

Reserve our family-friendly, urban campsite at Joe W. Brown Park! The NORD campsite features a fire pit, water spigot, and nearby shelter with picnic tables and bathrooms. Pair your trip with one or more activities above for a holistic experience. A NORD Outdoors employee will stay overnight to ensure park rules are followed, to safely extinguish the fire, and to unlock the gates in case of an emergency. Important Info: Reservation required. Camping is free. Groups must have at least 10 people and provide their own equipment and firewood. First-come, first-serve basis. Offered on select dates. Site is available from 4:00 PM Friday–9:00 AM Saturday.

FAMILY CAMPOUT

Date: Friday, April 5, 6:00 p.m.
– Saturday, April 6, 9:00 a.m.

Want to take your family or friends camping, but unsure where to start? NORD Outdoors and LOOP NOLA have got the event for you! Register for our Family Camp out for campfire camaraderie and a night out under the stars. Bring your sleeping bags, pillows, and toiletries – that’s it! We’ll provide tents, sleeping pads, water, food, indoor plumbing, games and activities. All are welcome. To register, visit: nordc.org/outdoors.

Additional info: The NORD campsite features a fire pit, water spigot, and nearby shelter with picnic tables and bathrooms. NORD Outdoors employees will stay overnight to ensure park rules are followed, to safely extinguish the fire, and to unlock the gates in case of an emergency.

OUTDOORS PROGRAM AT JOE W. BROWN

PROGRAM	DAYS	TIMES	AGE	DATES
Group Canoeing*	Tues–Fri	9:00 AM–6:00 PM	3+	Appt. Only
Group Fishing*	Tues–Fri	9:00 AM–6:00 PM	7+	Appt. Only
Group Archery*	Tues–Fri	9:00 AM–6:00 PM	8+	Appt. Only
Group Nature Walk*				
Also available at the adjacent Audubon Nature Center	Tues–Fri	9:00 AM–6:00 PM	5+	Appt. Only
Group Survival Skills*	Tues–Fri	9:00 AM–6:00 PM	5+	Appt. Only
Group Geocaching*	Tues–Fri	9:00 AM–6:00 PM	All	Appt. Only
Open Archery*	Thurs	4:00 PM–7:00 PM	8+	Year-round
Camping*	Fri	4:00 PM– Sat 9:00 AM	All	April 5–6
(NORD LOOP Family Camp Out)				
Open Canoeing & Open Fishing	Sat	10:00 AM–2:00 PM	All	Mar 9–Nov 2

* Registration required.



Every Thursday
4pm–7pm
Open Year-
Round

OPEN ARCHERY



NORD
JOE W. BROWN PARK
5601 Read Blvd
New Orleans, LA 70127



FREE!

RESERVATIONS REQUIRED

NORDC.ORG/ACTIVITIES/OUTDOORS

AGES 8 +

ALL EQUIPMENT IS PROVIDED



2023 First Place: Kelly Sommers
Title: The Iconic City Park Bridge in Fall
Location: City Park



NATURE PHOTO CONTEST | March 1 – April 16

Calling all photographers of all skill levels in Greater New Orleans! Get outside, take pictures, and win prizes! Submit up to three photos celebrating nature in NOLA in our annual spring online contest. Photos may include wildlife, plants, natural landscapes, people enjoying the outdoors, or any photo in which nature is the central theme.

Vote for favorites and submit entries via the dedicated contest website, which can be found at nordc.org/outdoors.

An Audubon Family Membership is awarded to the top three winners. Other prizes are awarded to honorable mentions. Winners are announced on Earth Day. FREE and open to all!

(Only photos taken after April 17, 2023, within Greater New Orleans qualify. For complete contest rules, nordc.org/outdoors.)

Get Out & FISH!

- Stockings are provided by the LDWF Get Out & Fish! Community Fishing Program: <https://www.wlf.louisiana.gov/page/get-out-and-fish>
 - NORD provides a host site and is a participant in the program
- The public is welcome to fish on the dock or along the banks anytime during park operating hours, which are 7:00 a.m. - 9:00 p.m.
- Self-guided experience: **must bring own pole, tackle, and bait**

CHANNEL CATFISH (*Ictalurus punctatus*)



Stocked in the spring and fall each year at Joe W. Brown Park.

You'll have luck fishing for channel catfish along the bottom of the pond with many different types of bait. Channel catfish particularly like baits with a strong smell.

Bait recommendations for channel catfish: dough bait, shrimp, worms, chicken meat, and Slim Jims.

RAINBOW TROUT (*Oncorhynchus mykiss*)



Stocked in mid-January to early February at Joe W. Brown Park, pending the water temperature.

We suggest fishing for rainbow trout with a light line and small hook. You might try a small spinner lure or rooster tail. Many people have luck with power bait or corn as well. You can catch rainbow trout with both live and dead bait.

Bait recommendations for Rainbow trout: PowerBait and corn.



OPEN CANOEING & FISHING

Visit the friendly NORD Outdoors team behind the Joe W. Brown Rec Center to sign out canoeing equipment or fishing tackle. The park features two lagoons and over a mile of winding canals. Admire the wildlife. Snag a big bass, crappie, or catfish from our spacious, ADA-accessible dock! No experience? No problem.

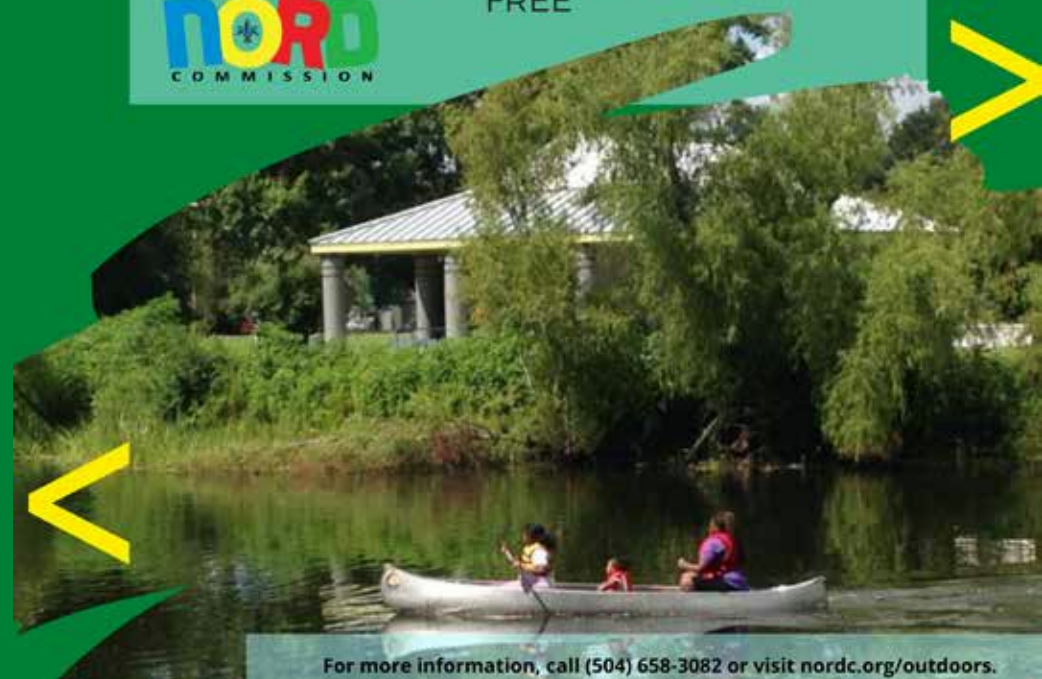
Our staff and dedicated volunteers provide introductory paddle and fishing lessons. Come solo or bring the fam!

Joe W. Brown Park - 5601 Read Blvd.,
New Orleans EAST

10:00 am - 2:00 pm
Every Saturday

March 9 - November 2

FREE



For more information, call (504) 658-3082 or visit nordc.org/outdoors.



NORD
COMMISSION

VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our community.

Rec Centers | Special Events | Athletics | Outdoors | Volunteer Groups | Booster Clubs



Contact us today to learn more about this exciting volunteer opportunity.

nordc.org/volunteer/





TEEN COUNCIL MONTHLY MEETING

Teen Council Monthly Meeting | 11:00 PM–1:00 PM

Mar 14 Milne Rec Center

Apr 25 Milne Rec Center

May 9 Milne Rec Center

Join us for our monthly meeting. Earn service hours, discuss current events, and participate in “Teen Talk” with enrichment activities and food.

- **Teen Rec Center Takeover**
- **Teen Mardi Gras Masquerade Ball**
- **Teen Valentine’s Outdoor Movie**
- **Teen Skate Party**

TEEN CALENDAR OF EVENTS & ACTIVITIES WINTER 2024 - SPRING 2024

EVENT	DATE
Teen Council Outing	February 17
Teen Kick Back	February 14-16
Teen Spring Internships Begins	March 4
Teen Summer Camp Registration EXPO	March 9
Teens Global Etiquette Dinne	March 17
Teen ACT Testing	April 1
Teen Volunteer Opportunity-Family Game Night	April 19
Teen Outing	April 25
Teen Crawfish Boil	May 18
Teen Career Camp Application Deadline	May 30

NORD
COMMISSION

TEEN COUNCIL

JOIN OUR TEEN COUNCIL
FOR TEENS. BY TEENS.

IF YOU'RE BETWEEN THE AGES 12-17 AND LIVE IN ORLEANS PARISH, THIS THE PLACE TO BE!
MEETINGS ARE EVERY 2ND SATURDAY OF EVERY MONTH WHERE WE PLAN, DISCUSS,
EMPOWER, AND ENGAGE WITH TEEN ACTIVITIES, FIELD TRIPS AND MORE! THIS IS FREE AND
OPEN TO ALL ORLEANS PARISH TEENS. FOR MORE INFORMATON EMAIL
NORDTEENS@NOLA.GOV



E-SPORTS

STATE OF THE ART
TECHNOLOGY

LEVEL
UP



FREE
PLAY



FREE
PLAY

GAME
OVER

FREE

MONDAYS/WEDNESDAYS-5PM-7PM (MILNE REC CENTER)
TUESDAYS/THURSDAYS-5PM-7PM (CUT OFF REC CENTER)
FRIDAYS- OPEN PLAY

START

EDUCATIONAL OPPORTUNITIES

AGES: 6-17YRS

WWW.NORDC.ORG



5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org



NORDCommission

NORD FOUNDATION

FACILITIES & PLAYGROUND SPONSORS



THANK YOU TO OUR PROGRAM SPONSORS

2023 Contributions

Hahn Enterprises (LRPA Conference) \$6,676

Capital One (Summer Camps) \$7,500

GNO, Inc (Aquatics - Lifeguards) \$50,000

RWE (Aquatics - Lifeguards) \$10,000

Horizon Bank (Track & Field) \$10,000

N.O. Pelicans (Sam Bonart playground) \$24,000

Redbull (Basketball Court refurbishment) \$26,956.64

NRPA (Resilient Park Access) \$130,100

State of Louisiana (N. O. East Athletics) \$125,000

Wisner Foundation (NORD events/programs) \$350,000

Partnerships, NORD still has funding from the following:

Aquatics (Hertz, GNO Inc., RWE)

Athletics (AllState Sugar Bowl)

Track & Field (Horizon Bank)

SWAAG (CAF - Charity Aids Foundation)

After-School Feeding (Share Our Strength)

Cultural (Liberty Bank)

FitNOLA (Chevron)

Teen Programs (Chevron)

Teen Camps (Capital One)

NORD FOUNDATION

The NORD Foundation is a 501(c)(3) nonprofit organization that raises funds to support the activities of the New Orleans Recreation Development Commission.

This private organization is led by a volunteer Board of Directors. All contributions received will be acknowledged by letter and are tax-deductible to the extent allowed by law. Individual and corporate donors may restrict their gift to a specific playground or program, or give funds to support NORD's priority needs, such as athletic equipment. Gifts in any amount are welcome.

Please contact Cheryl Mendy, Office Manager, cherylm@nordfoundation.org, (504) 919-6049.

New Orleans Recreation Development Foundation
935 Gravier Street, Suite 820, New Orleans, LA 70112
www.nordfoundation.org

Board of Directors

Robert S. Boh
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*Ex-Officio, NORD
Foundation*

Walter Williams

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Earnest P. Price, Jr.
Chairman



NORDCommission



MOVIES IN THE PARK




Family friendly movies start at dusk!
March 1-May 10

Pre-show fun begins one hour before movie starts.
Flip to see a complete list of movies, dates & locations.

   @nordcommission



March 1	March 8	March 15	
THE MUPPETS A.L. Davis Park 2600 Lakeside St. New Orleans, LA 70113 Rain Site: Lyons Center	AQUAMAN Boudenger Park 3400 Kanawha Street New Orleans, LA 70114 Rain Site: Morris Pk Jeff	SPICE 101 & NEW STACE Goretti Park 7500 Benson Street New Orleans, LA 70127 Rain Site: Joe W. Brown Park	
March 22	April 5	April 12	
BARBIE Latter Library 5120 St. Charles Avenue New Orleans, LA 70115 Rain Site: Lyons Center	WOLFEA Patt Park 5733 Croftman Drive New Orleans, LA 70122 Rain Site: Moré Rec Center	THE COLOR PURPLE Parrish Park 6000 Poydras Drive New Orleans, LA 70116 Rain Site: Moré Rec Center	
April 19	April 26	May 3	
WOLFEA (continued) Lafayette Greenway 1371 Lafitte Street New Orleans, LA 70112 Rain Site: Thorne Center	WOLFEA FOREVER Joe W. Brown Park 5601 Broad Blvd. New Orleans, LA 70126 Rain Site: Joe W. Brown Gym	WOLFEA FOREVER Canel Light House 8001 Lakeshore Drive New Orleans, LA 70124 Rain Site: Moré Rec Center	
<th>May 10</th>			May 10
WOLFEA FOREVER (continued) Goretti Park 405 Vermont Street New Orleans, LA 70114 Rain Site: Morris Pk Jeff			

Concessions available for purchase or bring your own picnic. Blankets & lawn chairs welcome.

nordc.org





REGISTRATION NOW OPEN

TRACK & FIELD

EVERY THURSDAY | 6:30PM | HARRELL PARK

LET'S GO TEAM!



SCAN ME!

Youth | 7-14yr old

  @nordcommission











GIRLS ON THE RUN

MILNE' REC CTR

5420 FRANKLIN AVENUE | GENTILLY | AGES: 3RD-5TH GRADERS



FREE
FREE
FREE

FREE
FREE
FREE

**REGISTER NOW THRU
MARCH 3, 2024** 



504-658-3052 ext. 83024




ajia.mitchell@nola.gov





SCAN ME!





 5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122

 (504) 658-3052

 nordc.org





INDOOR WALKING

8:00AM - 10:00AM | MONDAY THRU FRIDAY



FOR SENIORS

TREME' REC CENTER
900 N. VILLERE STREET
NEW ORLEANS, LA
70122

www.nordc.org



NORD
COMMISSION

Pickleball

Open-Play



18+
Adults



Scan for
Schedule times

Locations:

Atkinson Stern Center
Gernon Brown Rec Center
Joe W. Brown Rec Center
Lyons Rec Center
Morris Jeff Rec Center
Stallings Rec Center





GOLF

TRAINING

NOW - DECEMBER 31, 2024



AGES: 7-10
www.nordc.org

MON-WED, FRI
4PM-8PM

SATURDAY
9AM-2PM

📍 **Milne' Recreation Center**

5420 Franklin Avenue | New Orleans, La. 70122

*For registration info, visit
Milne' Recreation Center*



10TH ANNUAL EASTER EXTRAVAGANZA



SATURDAY, MARCH 16, 2024
11:00AM-1:00PM

EGG HUNT, PRIZES, & MORE

MORRIS XS JEFF
JOE W. BROWN MEMORIAL PARK
LAFITTE GREENWAY

Partnership with:



OPEN TO AGES 3-12 | FREE



JOIN OUR TEAM !

SCAN OUR QR CODE &
START YOUR PROCESS
TODAY!



For more information or questions
visit nordc.org

Hear Us. See Us. Join Us.

♡ LIKE 💬 COMMENT 📍 SHARE 📌 SAVE

*follow us
for updates!*



📍 5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
📞 (504) 658-3052
🌐 nordc.org





COMMISSION

LIFEGUARD & JR. LIFEGUARD TRAINING

Whether you are new to swimming or want to improve your swimming skills, our experienced instructors will guide you step by step.

PROGRAM FEATURES:

- ✓ All **NORD** pools, EVERY SATURDAY
- ✓ From 10:00am to 1:00pm
- ✓ Train to be a lifeguard now and work as a lifeguard this summer!



****Please note: SUBJECT TO CHANGE**

GET STARTED TODAY

To Sign Up, Email: jsjones@nola.gov

