Spring '26

CITY OF NEW ORLEANS

Recreation & Leisure

2026

NORD COMMISSION

CAPRA ACCREDITED

CLASSES, EVENTS & SCHEDULES

January- May

NORD COMMISSION
5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org
NORD Commission

NORD COMMISSION

LIFEGUARD & JR. LIFEGUARD TRAINING

Whether you are new to swimming or want to improve your swimming skills, our experienced instructors will guide you step by step.

PROGRAM FEATURES:

- All ***NORD*** pools, EVERY SATURDAY
- From 10:00am to 1:00pm
- Train to be a lifeguard now and work as a lifeguard this summer!

***Please note: SUBJECT TO CHANGE**

GET STARTED TODAY

CAPRA ACCREDITED

To Sign Up, Email: jsjones@nola.gov

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Greetings,

As we enter Spring 2026, I look forward to continuing NORD's mission to advance the physical, mental, and social well-being of New Orleanians by providing safe and welcoming environments for recreational, athletic and cultural experiences. My fellow Commissioners and I extend our appreciation to CEO Larry Barabino, the NORD staff, Mayor Helena Moreno, the New Orleans City Council, the NORD Foundation, and the community for their ongoing support.

As you explore the 2026 spring program guide, I hope you discover activities that inspire you and your family to get involved and stay active. This spring, we're excited to offer a wide range of programming, including youth sports leagues such as baseball, softball, and soccer. NORD also continues to provide tennis, open canoeing and fishing, archery, pickleball, and year-round aquatics programs at our facilities citywide. There's truly something for everyone this season and I invite you to try something new!

As your Commission Chair, I am committed to ensuring NORD provides high-quality facilities, parks, and recreational services.

Thank you for your dedication to the City of New Orleans and NORD. This is an eventful time of year, and I encourage you to explore everything NORD has to offer. Have a safe and enjoyable season!

Sincerely,

Kyle Walker

Kyle Walker
Chair, NORD Commission

NORD Commission

GOVERNING BOARD MEMBERS

NORD has a governing board of Commissioners appointed by the Mayor and approved by the City Council who meet the first Tuesday of the month to oversee the operations, activities, and performance of NORD. The Commission members receive no compensation for the their services, but accept their appointments in the interest of civic betterment.

Mayor Helena Moreno
Ex-OfficioMember
Mayor of New Orleans

Hattie Collins
District A Representative

Micheal Farley
District B Representative

Olin Park
School Board
Representative

Ernest Price, Jr.
NORD Foundation
Representative

Alexis Parent-Ferrouillet, EdD, MPH
New Orleans Public Library
Representative

Jamar McKneely
District C Representative

Freddie King III
City Council Representative

Kevin Kimbrough Sr.
District D Representative

Kyle Walker
Chair At Large

Joe Giarrusso III
Chief Administrative
Officer(CAO)

Daphne Young
District E Representative

Vacant
At-Large Member

Volunteers

VOLUNTEER WITH NORD

People volunteer for a variety of reasons. Volunteering offers individuals the opportunity to contribute to their community and also provides an opportunity to develop new skills or build on existing experience and knowledge. NORD offers various volunteer opportunities:

Rec Centers Volunteer: There are short-term and long-term volunteer opportunities in our recreation centers. Opportunities include but are not limited to administrative assistance, program instruction, and program assistance.

Special Events Volunteer: Volunteers are needed throughout the year to assist with seasonal, or one-time special events.

Athletic Volunteer: Volunteer coaches serve as positive role models for our youth athletics participants and are needed year-round. Assistance is also needed for game operations.

Outdoors Volunteer: Enjoy the outdoors or interested to learn about outdoors recreation through volunteerism? Opportunities include assistance with canoeing, fishing, and special events.

Volunteer Groups: Community members, organizations, or organized groups of 5 or more are welcome to spearhead a specific volunteer project, program, or assist with special events.

Volunteers registered with NORD and Track It Forward who contribute 30 hours or more during a tax year qualify for a $500 Louisiana State Income Tax deduction.

For more information about volunteer opportunities please visit www.nordc.org/volunteer or call 504-658-3052.

About NORD

NEW ORLEANS RECREATION DEVELOPMENT (NORD) COMMISSION

The New Orleans Recreation Development (NORD) Commission has earned national accreditation, making the City of New Orleans the second parish in Louisiana and one of under **200** agencies across the U.S. out of more than **12,000** with this stamp of excellence. NORD provides **safe, educational, recreational and culturally engaging opportunities** to residents of the City of New Orleans. Mission Statement: **To advance the physical, mental, and social well-being of New Orleanians by providing safe and welcoming environments for recreational, athletic, and cultural experiences. Vision: To create a sustainable and innovative organization that transforms lives. Tagline: "Something for everyone."**

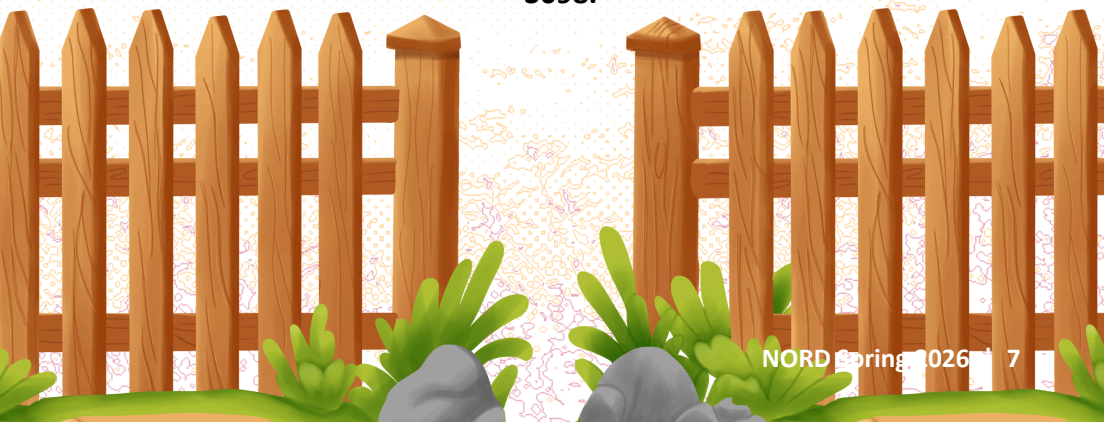
In accordance with provisions of the Americans with Disabilities Act of 2008, as amended, the City of New Orleans shall not discriminate against individuals with disabilities on the basis of disability in its services, programs, or activities. If you require aids or devices, or other reasonable accommodations under the ADA Amendments Act, please submit your request to: Ashley Frank 504-658-3032, afrank@nola.gov.; or 711 for Louisiana Relay Service at least 48 hours in advance or as soon as possible

Boosters Club

SOMETHING FOR EVERYONE

Booster Clubs help fund student-athletes and assist NORD in providing an experience consistent with the tradition of "something for everyone". Booster clubs help fund uniforms and equipment, cover travel expenses, and help our volunteer coaches reach the ultimate goal of developing student athletes. Membership in a booster club is open to community members, parents, guardians, and family members of children registered to participate in activities and programs, and any individuals without participating children who want to support a particular rec center or playground. Boosters play a role in providing student-athletes with a positive experience through their enthusiastic efforts. They can support teams and student athletes through donations of time and financial resources which help student-athletes succeed on and off the playing field. Volunteers registered with NORD and Track It Forward who contribute 30 hours or more during a tax year qualify for a $500 Louisiana State Income Tax deduction.

For more information on booster clubs, or to form a booster club, visit nordc.org or contact demond.simon@nola.gov or call 504-658-3098.



Facilities Map

2026 RECREATION & LEISURE

Rec Centers

1. Annunciation Rec Center 800 Race St.
2. Morris FX Jeff Sr. Rec Complex 2529 General Meyer Ave.
3. Cut-Off Rec Center 6600 Belgrade St.
4. Gernon Brown Rec Center 1001 Harrison Ave.
5. Joe W. Brown Rec Center 5601 Read Blvd.
6. Lyons Rec Center 624 Louisiana Ave.
7. Milne Rec Center 5420 Franklin Ave.
8. Rosenwald Rec Center 1120 S. Broad St.
9. Sanchez Multi-Service Center 1616 Fats Domino Ave.
10. Stallings St. Claude Rec Center 4300 St. Claude Ave.
11. St. Bernard Rec Center 1500 Lafreniere St.
12. Treme Rec Community Center 900 N. Villere St.
13. Desire/Florida Multi-Service Center 3250 Industry St.
14. Hunter's Field 1659 N. Claiborne Ave.

Fitness Centers

1. Laffitte Grnwy Outdoor Fitness Park 1971 Lafitte St.
2. Milne Rec Center 5420 Franklin Ave.
3. Rosenwald Rec Center 1120 S. Broad St.
4. Sanchez Multi-Service Center 1616 Fats Domino Ave.
5. Stallings St. Claude Rec Center 4300 St. Claude Ave.
6. St. Bernard Rec Center 1500 Lafreniere St.
7. St. Roch Park Outdoor Fitness Park 1800 St. Roch Ave.
8. Treme Rec Community Center 900 N. Villere St.
9. Cut-off 6600 Belegrade Street
10. Joe W. Brown Outdoor 5601 Read Boulevard

Tennis Centers

1. Atkinson Stern Tennis Center 4025 S Saratoga St.
2. Joe W. Brown Tennis Center 5601 Read Blvd

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Pools

1. A. L. Davis Pool 2600 La Salle St.
2. Federal City Pool 2220 Constitution St.
3. Gert Town Natatorium (Indoor) 3411 Broadway St.
4. Harrell Pool 2202 Leonidas St.
5. Joe W. Brown Pool (Indoor) 5601 Read Blvd.
6. Lemann Pool 4536 N. Prieur St.
7. Lyons Pool 624 Louisiana Ave.
8. Pradat Pool 7200 Dreaux Ave.
9. Rosenwald Pool 1120 S. Broad St.
10. Sampson Pool 3100 Louisa St.
11. St.Bernard Pool 1500 Lafreniere St.
12. Sanchez Pool (Indoor) 1616 Fats Domino Ave.
13. Stallings Gentilly Pool 2700 Lapeyrouse St. Stallings
14. St. Claude Pool 4300 St. Claude Ave.
15. Taylor Pool 2600 S. Roman St.
16. Treme Pool (Indoor) 900 N. Villere St.
17. Whitney Young Pool 6500 Magazine St.

Facilities

SPRING NORD FACILITY SCHEDULES

SPRING CLOSURE DATES

Spring programming is from January 2 – May 31 Facilities will be closed on the following dates:

- **Mardi Gras Day: February 17**
- **Good Friday: April 3**
- **Memorial Day: May 25**

FITNESS CENTERS

NORD has seven fitness centers with cardio machines and exercise equipment and three outdoor fitness parks. The centers are free and open to ages 18+.

Cut-Off Rec Center
M-F 10 AM–9 PM SAT 9 AM–2 PM SUN Closed

Joe W. Brown Rec Center Fit Lot
M-F 6 AM–9 PM SAT 6 AM–9 PM SUN Closed

Lafitte Greenway Outdoor Fitness Park
M-F 6 AM–10 PM SAT 7 AM–6 PM SUN 7 AM–6 PM

Milne Rec Center
M-F 10 AM–9 PM SAT 9 AM–2 PM SUN Closed

Rosenwald Rec Center
M-F 10 AM–9 PM SAT 9 AM–2 PM SUN Closed

Sanchez Multi-Service Center
M-F 8 AM–9 PM SAT 9 AM–2 PM SUN Closed

Stallings St. Claude Rec Center
M-F 10 AM–9 PM SAT 9 AM–2 PM SUN Closed

St. Bernard Rec Center
M-F 10 AM–9 PM SAT 9 AM–2 PM SUN Closed

St. Roch Park Outdoor Fitness Park
M-F 6 AM–10 PM SAT 6 AM–10 PM SUN 6 AM–10 PM

Treme Recreation Community Center
M-F 8 AM–9 PM SAT 9 AM–2 PM SUN Closed

STAFFED PARKS/ PLAYGROUNDS

Name	Address	District	Neighborhood
A. L. Davis	2600 LaSalle St.	B	Uptown
Bodenger	3400 Kansas St.	C	Algiers
Bunny Friend	1903 Desire St.	D	9th Ward
Carver	7410 Prytania St.	A	Uptown
Comiskey	600 S. Jeff Davis Pkwy.	B	Mid City
Conrad	3400 Hamilton St.	A	Uptown
Cut-Off	6600 Belgrade St.	C	Algiers
Devore	1500 Teche St.	C	Algiers
Digby	6600 Virgilian St.	D	New Orleans East
Easton	3141 Toulouse St.	A	Mid City
Eastshore	14600 Curran Rd.	E	New Orleans East
Goretti	7500 Benson St.	E	New Orleans East
Hardin	2500 New Orleans St.	D	7th Ward
Harrell	2202 Leonidas St.	A	Uptown
Joe W. Brown	5601 Read Blvd.	E	New Orleans East
Kenilworth	7820 Redfish St.	E	New Orleans East
Lafitte Greenway/ Lemann	1971 Lafitte St.	C	Treme
Lakeview	5501 Gen. Diaz St.	A	Lakeview
Lyons/Burke	624 Louisiana Ave.	B	Uptown
McCue 2601	Franklin Ave.	D	St. Roch NBHD
Milne 2500	Filmore St.	D	Gentilly
Morris F X Jeff.	2529 Gen. Meyer Ave.	C	Algiers
Norman	3301 Eton St.	C	Algiers
Norwood Thompson	7200 Forshey St.	B	GertTown
Oliver Bush	2500 Caffin Ave.	E	Lower 9th Ward
Pontchartrain	6500 Press St.	D	Gentilly
Pradat	7200 Dreaux Dr.	E	New Orleans East
Sampson	3211 Treasure St.	D	Desire
St. Roch	1800 St. Roch Ave.	D	St. Roch
Stallings Gentilly	2700 Lapeyrouse St.	D	Gentilly
Taylor	2600 S. Roman St.	B	Uptown
Willie Hall at Harris Playground	983 Louisa Drive	D	Pontchartrain Park

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TEEN CENTERS

Teen Centers are a fun and safe place where teens from local communities can socialize and have positive interactions with peers. Teen Centers include video gaming systems, HDTVs, board games, air hockey, ping pong, and more! Check Teens section for scheduled programming.

Cut-Off Rec Center
6600 Belgrade St. M-F 4:00 PM–9:00 PM

Joe W. Brown Rec Center
5601 Read Blvd. M-F 4:00 PM–9:00 PM

Lyons Rec Center
624 Louisiana Ave. M-F 4:00 PM–9:00 PM

Milne Rec Center
5420 Franklin Ave. M-F 4:00 PM–9:00 PM

Sanchez Multi-Service Center
1616 Caffin Ave. M-F 4:00 PM–9:00 PM

St. Bernard Rec Center
1500 Lafreniere St. M-F 4:00 PM–9:00 PM

TENNIS CENTERS

Court Fees: Mon–Thurs $5/hr before 4:00 PM, $7/ hr after 4:00 PM;
Sat–Sun $7/hr. No reservations. First-come, first-served.

Atkinson Stern Tennis Center
4025 S. Saratoga St. | P: (504) 658-3060 9 clay courts Mon–Thurs 8:00 AM–9:00 PM | Fri Closed Sat–Sun 8:00 AM–4:00 PM

Joe W. Brown Tennis Center
5601 Read Blvd. | P: (504) 658-3071 10 hard courts Mon–Thurs 11:00 AM–9:00 PM | Fri Closed Sat–Sun 8:00 AM–4:00 PM

REC CENTERS

All Rec Centers are open Monday–Friday 10:00 AM–9:00 PM, Saturday 9:00 AM–2:00 PM and are closed on Sunday

Name	Address	Phone
Annunciation Rec Center	800 Race St.	(504) 658-3095
Cut-Off Rec Center	6600 Belgrade St.	(504) 658-3058
Desire/Florida Multi-Service Center	3250 Industry Street	504-658-3076
Gernon Brown Rec Center	1001 Harrison Ave.	(504) 658-3151
Joe W. Brown Rec Center	5601 Read Blvd.	(504) 658-3080
Keller Community Center	1814 Magnolia St.	TBA
Lyons Rec Center	624 Louisiana Ave.	(504) 658-3004
Milne Rec Center	5420 Franklin Ave.	(504) 658-3088
Morris FX Jeff Rec Center	2529 General Meyer Ave.	(504) 658-3170
Rosenwald Rec Center	1120 S. Broad St.	(504) 658-3090
Sanchez Multi-Service Center	1616 Caffin Ave.	(504) 658-3059
St. Bernard Rec Center	1500 Lafreniere St.	(504) 658- 3040
Stallings St. Claude Rec Center	4300 St. Claude Ave.	(504) 658-3053
Treme Recreation Community Center	900 N. Villere St.	(504) 658-3160

POOLS

Pool Hours January 2, 2026 – May 23, 2026
All pools will be closed May 25th – May 29th for summer pool preparation and lifeguard orientation. Summer pool hours begin on Saturday, May 30, 2026.

Name	Address	Phone
Gert Town Natatorium (Indoor)	3411 Broadway St.	(504) 658-3096
Joe W. Brown Pool (Indoor)	5601 Read Blvd.	(504) 658-3020
Sanchez Pool (Indoor)	1616 Caffin Ave.	(504) 658-3067
Treme Pool (Indoor)	900 N. Villere St.	(504) 658-3162
George V. Rainey Natatorium (Indoor)	2529 General Meyer Ave.	

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NORD CENTERS

ANNUNCIATION

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Casa Samba	5 yr - adult	Tues, Wed, Thurs, Fri	6:00pm	9:00pm	Dance Room
Casa Samba	5 yr - adult	Saturday	9:30am	12:00pm	Dance Room

800 RACE STREET | NOLA 70130

CUTOFF

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Walking Club	18 and up	Monday-Friday	10am	12pm	Gym
Adult Free Play Basketball	18 and up	Monday-Friday	12pm	3pm	Gym
Youth Free Play Basketball	17 and under	Monday-Friday	4pm	7pm	Gym
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
NOLA Outrage	5-7 years old	Tues, Thurs, Fri	6:30pm	8:30pm	MTP
Piano	All ages	Tuesday	10:30am	2:30pm	Music Room
NOBA Early Childhood Ballet Group A	4-5 year olds	Monday	4:15pm	5pm	MTP
NOBA Preparatory Ballet	6-7 yr olds	Monday & Wednesday	5pm	6:00pm	MTP
NOBA Preparatory Ballet	8-11 year olds	Monday & Wednesday	6:00pm	7:15pm	MTP
NOBA Early Childhood Ballet Group B	4-5 year olds	Wednesday	4:15pm	5pm	MTP

6600 BELGRADE STREET | NOLA 70131

DESIRE/FLORIDA

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Piano	All Ages	Mon, Wed, Fri	10:00am	10:30am	Multipurpose Room
Computer Lab	50+	Tuesday Thursday	10:00am	12:00pm	Computer Lab
AARP Smart Defensive	50+	Saturday	9:00am	1:00pm	Multipurpo se Room
NOBA Early Childhood Ballet Group A	4-5 year olds	Tuesday	4:30pm	5:15pm	Dance Room
NOBA Preparatory Ballet	6-9 yr olds	Tuesday Thursday	5:15pm	6:15pm	Dance Room
NOBA Early Childhood Ballet Group B	4-5 year olds	Thursday	4:30pm	5:15pm	Dance Room
Dance Cardio	18+	Monday	10am	10:50am	Dance Room
Adaptive Dance Cardio	18+	Monday	11am	12:00pm	Dance Room
Line Dancing	18+	Tuesday, Thursday	11am	1pm	Dance Room

3250 INDUSTRY STREET | NOLA 70122

GERNON BROWN

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm | Sunday CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room
Pickleball	18 and up	Mon, Tues, Thurs, Fri	10:30am	1:30pm	Gym
Pickleball	18 and up	Saturday	9:30am	11:30am	Gym
Adult Free Play Basketball	18 and up	Mon, Tues, Thurs, Fri	2:00pm	3:30pm	Gym
Adult Free Play Basketball	18 and up	Wednesday	10:00am	2:00pm	Gym
Adult Free Play Basketball	18 and up	Saturday	11:30am	1:30pm	Gym
Open Play Volleyball NOBA	All Ages	Wednesday	4pm	9pm	Gym
Early Childhood Ballet Group A	4-5 year olds	Tuesday	4:15pm	5pm	Dance / MTP room
NOBA Preparatory Ballet	6-7 yr olds	Tuesday & Thursday	5pm	6:15pm	Dance / MTP room
NOBA Preparatory Ballet	8-11 year olds	Tuesday & Thursday	6:15pm	7:15pm	Dance / MTP room
NOBA Early Childhood Ballet Group B	4-5 year olds	Thursday	4:15pm	5pm	Dance / MTP room
Ceramics	All ages	Tuesday	1:00pm	4:00pm	Art Room
Piano Class	All ages	Thursday	4:00pm	6:00m	Music Room
Basketball Open Play	All ages	Monday & Friday	5:30pm	7:00pm	Gym
Basketball Open Play	All ages	Tuesday & Thursday	7:00pm	8:30pm	Gym
Open Play Pickleball	All ages	Monday & Friday	7:00pm	8:30pm	Gym
Open Play Pickleball	All ages	Tuesday & Thursday	5:30pm	7:00pm	Gym

1001 HARRISON AVENUE | NOLA 70124

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HUNTER'S FIELD

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Cultural Programming - Indian Beading, Dancing and Music	17 and under	Monday-Friday	4pm	8pm	Classroom
Adult Art	18+	Monday-Thursday	6pm	9pm	Classroom
Kids Art	17-Under	Monday, Tuesday	4pm	6pm	Classroom
Drug Prevention	18+	Monday	8pm	9pm	Classroom
Cheer Dance	17-Under	Monday, Tuesday	6pm	8pm	Classroom
Drug Prevention (Adults)	18+	Monday	8pm	9pm	Classroom
Kids Art	17-under	Monday, Tuesday	4pm	6pm	Classroom

1659 N. CLAIBORNE AVENUE | NOLA 70116

JWB TENNIS CENTER

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Thursday (11:00am-8:00pm) | Friday (CLOSED) | Saturday & Sunday (8:00am-4:00pm)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Adult Beginner Tennis- (Beginning February 25th)	18 and up	Tuesday and Thursday	6:00pm	7:00pm	Tennis Court
Adult Step Up Tennis	18 and up	Tuesday and Thursday	6:00pm	7:00pm	Tennis Court
A's & Aces- (Beginning January 24th)	All ages	Monday - Thursday	5pm	7pm	Tennis Court
A's & Aces- (Beginning January 24th)	All ages	Saturday	9am	2pm	Tennis Court
Excite All-Star Program	All Ages	Saturday	10am	12pm	Tennis Court

5601 READ BOULEVARD | NOLA 70127

JOE W. BROWN

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Youth Freeplay Basketball	17 and under	Monday and Wednesday	4:30PM	6PM	Main Gym
Adult Freeplay Basketball	18+	Tuesday and Thursday	12PM	3PM	Main Gym
Pickleball	All Ages	Monday - Friday	10AM	2PM	Practice Gym
Volleyball Freeplay	All Ages	Monday and Tuesday	5pm	8pm	Main Gym
Computer Lab	All Ages	Friday	5p	8pm	Teen Center
Senior Dance Fitness	55+	Monday and Wednesday	10:30am	12pm	Main Gym
Senior Walk & Talk	55+	Monday - Friday	9am	10am	Main Gym
Open Archery	All Ages	Thursday	4:00pm	7:30pm	Outdoor Archery Range
Open Canoeing & Fishing	All Ages	Saturday	10:00am	2:00pm	Outoor Dock
NOBA Early Childhood Ballet	4-5 year olds	Tuesday	4:30pm	5:15pm	Dance Room
NOBA Preparatory Combo Ballet & Jazz	6 - 9 year olds	Tuesday	5:30pm	6:30pm	Dance Room
Girl Scouts	17 and under	2nd & 4th Tuesday	4:30pm	5:30pm	Dance Room

5601 READ BOULEVARD | NOLA 70127

MILNE

Spring 2026 Programming Schedule

January 11 - May 23

****Center Hours of Operation:****

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Adult Freeplay Basketball	18+	Wednesday	11:30am	2:00pm	North Gym
Youth Freeplay Basketball	17 and under	Friday	6:00pm	7:30pm	North Gym
Spartan Boxing Training	all ages	Monday- Friday	4:00pm	7:30pm	South Gym
Intro to Golf	18 +	Mon, Wed, Fri	9:00am	11:00am	Open Field
Intro to Golf	17 and under	Mon, Wed, Fri	4:00pm	6:00pm	Open Field
Advance Golf	18+	Sat	9:00am	11:00am	Open Field
Wheelchair Basketball	all ages	Wednesday	6:00pm	8:00pm	North Gym
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
Beginner Garden Basics	55+	Wednesday	8:30 AM	9:20 AM	Multipurpose Room
Achieve 365	8 yr -18 yr	Wedesday and Thursday	4:00pm	6:00pm	Multipurpose Room
Watercolor Class	all ages	Monday	5:30pm	7:30pm	Art Room
Drawing class	all ages	Thursday	10:00am	12:00pm	Art Room
Senior Choir	55+	Monday and Tuesday	1:00pm	2:00pm	Music Room
Piano Class	all ages	Monday	9:00am	6:00pm	Music Room
Piano Class	all ages	Tuesday	9:00am	6:30pm	Music Room
Piano Class	all ages	Wednesday	9:00am	6:00pm	Music Room
Piano Class	all ages	Thursday	12:30pm	3:30pm	Music Room

5420 FRANKLIN AVENUE | NOLA 70122

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LYONS

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Basics of Basketball (Skills, Drills and Training)	Youth/Teens	Monday and Wednesday	5:30 PM	7:30 PM	Gym
Basketball Open Play	Adult	Mon, Wed, Fri	1:00 PM	3:30 PM	Gym
Basketball Open Play	Adult	Tuesday and Thursday	11:00 AM	2:00 PM	Gym
Basketball Open Play	Youth/Teens	Mon, Wed, Fri	3:30 PM	5:30 PM	Gym
Double Dutch	Adult	Monday	7:00 PM	8:00 PM	Gym/Foyer
Double Dutch	Youth/Teens	Monday	6:00 PM	7:00 PM	Gym
EA Sports Gaming Lab	Youth/Teens	Tuesday and Thursday	5:00 PM	7:00 PM	Teen Center
Microsoft Computer Lab	Adult	Monday - Friday	By Request	By Request	Computer Lab
Microsoft Computer Lab	Youth/Teens	Tuesday and Thursday	5:00 PM	7:00 PM	Computer Lab
NOBA Senior Dance Fitness	55+	Tuesday and Thursday	10:30AM	12:30PM	Dance Studio
Pickleball	Adult	Mon, Wed, Fri	10:00 AM	1:00 PM	Gym
Pickleball (Saturday)	Adult	Saturday	9:00 AM	12:00 PM	Gym
Walking for Seniors	Adult	Monday - Friday	9:00 AM	10:00 AM	Gym/Foyer

624 LOUISIANA AVENUE | NOLA 70115

SANCHEZ

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (8:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
Free Play Basketball	Adults	Monday- Friday	10am	2pm	Gym
Free Play Basketball	Youth	Saturday	3pm	5pm	Gym
Free Play Basketball	All ages	Saturday	9am	11am	Gym
Tekrema Dance	5 - 12 year olds	Monday - Thursday	5:30pm	6:30pm	Dance Studio
Tekrema Dance	18+	Monday - Thursday	6:30pm	8:00pm	Dance Studio
Tekrema Dance	All ages	Saturday	12pm	1:30pm	Dance Studio

1616 FATS DOMINO AVE | NOLA 70117

MORRIS F.X. JEFF

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Pickleball	All Ages	Tuesday and Thursday	11:00am	5:00pm	Gym
Pickleball	All Ages	Saturday	9:00am	12:00pm	Gym
Adult FreePlay Basketball	18 and up	Mond, Wed, Fri	12:00pm	3:00pm	Gym
Volleball Freeplay	All Ages	Saturday	12:00pm	2:00pm	Gym
Neurodiverse Immersive	13-21 years old	Monday - Friday	3:30pm	6:30pm	Multipurpose Room
Piano Class	All Ages	Monday	10:30am	2:30pm	Music Room
Piano Class	All Ages	Thursday	10:30am	2:30pm	Music Room
Senior Dance Fitness	55+	Monday and Wednesday	10:30am	12:30pm	Gym
NOBA Preparatory Ballet	6-7 year olds	Tuesday and Thursday	5:00pm	6:00pm	Dance Room
NOBA Preparatory Ballet	8 - 11 year olds	Tuesday and Thursday	6:00pm	7:00pm	Dance Room

2529 GENERAL MEYER AVE| NOLA 70114

ST. BERNARD

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-8:00pm) | Saturday (10:00am-1:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Walking Club	18 and up	Monday-Friday	10am	12pm	Gym
Adult Free Play Basketball	18 and up	Monday-Friday	12pm	3pm	Gym
Youth Free Play Basketball	17 and under	Monday-Friday	4pm	7pm	Gym
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
NOLA Outrage	5-7 years old	Tues, Thurs, Fri	6:30pm	8:30pm	MTP
Piano	All ages	Tuesday	10:30am	2:30pm	Music Room
NOBA Early Childhood Ballet Group A	4-5 year olds	Monday	4:15pm	5pm	MTP
NOBA Preparatory Ballet	6-7 yr olds	Monday & Wednesday	5pm	6:00pm	MTP
NOBA Preparatory Ballet	8-11 year olds	Monday & Wednesday	6:00pm	7:15pm	MTP
NOBA Early Childhood Ballet Group B	4-5 year olds	Wednesday	4:15pm	5pm	MTP

1500 LAFRENIERE STREET | NOLA 70122

NORD COMMISSION

5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org

NORD Commission

STALLINGS-ST. CLAUDE

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
Free Play Bball	Adults	Mon,Wed, Fri	1:00pm	4:30pm	Gym
Free Play Bball	Youth	Tuesday, Thursday	3:00pm	6:00pm	Gym
Free Play Bball	All Ages	Friday	4:30pm	7:00pm	Gym
Free Play Bball	All Ages	Saturday	10:30am	1:30pm	Gym
NOBA Early Childhood Ballet	4-5 years old	Monday	4:30pm	5:15pm	Dance Room
NOBA Pre-Professional Teal Ballet	Ages 6+	Monday	5:30pm	6:45pm	Dance Room
NOBA Pre-Professional Pointe	Ages 6+ by invitation	Monday	6:50pm	7:30pm	Dance Room
NOBA Pre-Professional Reléve	18+	Tuesday and Thursday	5:15pm	6:15pm	Dance Room
NOBA Pre-Professional Bridge	18+	Tuesday and Thursday	6:15pm	7:30pm	Dance Room
NOBA Early Childhood Ballet	4- 5 years old	Wednesday	4:30pm	5:15pm	Dance Room
NOBA Pre-Professional Teal Ballet	Ages 6+	Wednesday	5:30pm	7:30pm	Dance Room
NOBA Pre-Professional Workshop	Ages 18+	Friday	5:30pm	8:15pm	Dance Room
NOBA Pre-Professional Workshop	Ages 18+	Saturday	9:30am	10:30am	Dance Room
NOBA Preparatory Jazz	7 - 11 years old	Saturday	10:30am	11:15am	Dance Room
NOBA Preparatory Hip Hop NOBA	7 - 11 years old	Saturday	11:30am	12:15pm	Dance Room
Pre-Professional Workshop & Rehearsal	Ages 18+	Saturday	12:15pm	1:45pm	Dance Room
Double Dutch	All Ages	Monday	6:00pm	7:30pm	MTP

4300 ST. CLAUDE AVENUE | NOLA 70117

TREME

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (8:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Day	Start Time	End Time	Room Location
Adult Free Play	18 and up	Mon, Wed, Fri	10:00am	3:00pm	Gym Foyer
Adult Table Tennis	18 and up	Monday - Friday	10:00am	2:00pm	Gym
Ballroom Dancing	18 and up	Tue & Thu	9:15am	10:15am	Fitness Center
Fitness Center	18 and up	Monday -Friday	7:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	9:00am	1:00pm	Art Studio
Girl Scouts	17 and under	2nd & 4th	4:30pm	5:30pm	Multipurpose Room
N'Kafu Traditional African	18+	Mon, Wed, Fri	5:30pm	8:00pm	Multipurpose Room
N'Kafu Traditional African	All ages	Saturday	10:00am	12:30pm	Dance Room
NOBA Early Childhood	4 - 5 year olds	Wednesday	4:30pm	5:15pm	Dance Room
NOBA Plie Program	6-10 yr olds by	Tuesday and	5:00pm	6:00pm	Dance Room
Ballet NOBA Preparatory	6-11 year olds	Tuesday and	6:00pm	7:15pm	Dance Room
Ballet NOBA Preparatory	6-8 year olds	Monday	5:30pm	6:30pm	Dance Room
Hip Hop NOBA	9-18 year olds	Monday	6:30pm	7:30pm	Dance Room
Preparatory Hip Hop	12-18 year olds	Tuesday and	7:15pm	8:15pm	Art Studio
NOBA Teen Combo Ballet & Painting class	18+	Friday	3:00pm	5:00pm	Music Room
Piano class	All ages	Friday	2:00pm	5:00pm	Gym
Pickelball Open Play	All ages	Tue & Thu	11:00am	2:00pm	Gym
Treme Clothes Closet	All ages	Mon, Wed, Fri	8:00am	11:00pm	Foyer
Walking Club	18 and up	Monday - Friday	7:00am	10:00am	Gym
Youth Free Play	17 and under	Monday -Friday	3:30pm	5:30pm	Gym
Youth Table Tennis	17 and under	Tue, Thu	3:00pm	5:30pm	Foyer
Adult Computer Lab	18+	Monday-Friday	7:00am	2:30pm	Teen Center
Youth Computer Lab	17-under	Monday-Friday	3:00pm	6:00pm	Teen Center

900 N. VILLERE STREET | NOLA 70116

ROSENWALD

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Basketball Fundamentals	17 and under	Monday-Friday	4:30pm	6:30pm	Gym
Pickleball	18 and up	Monday and Wednesday	10:00am	12:00pm	Gym
Adult Freeplay Basketball	18 and up	Tuesday and Thursday	11:00am	2:00pm	Gym
Community Engagement BBall	18 and up	Tuesday and Thursday	7:00pm	8:30pm	Gym
Fitness Center	18 and up	Monday -Friday	10:00am	8:00pm	Fitness Center
Fitness Center	18 and up	Saturday	10:00am	1:00pm	Fitness Center
Glam U 101	Ages 9-16 years	Mondays and Tuesdays	5:30pm	7:30pm	Multipurpose Room
Elite Tutoring firm	Ages 5-18 years	Monday - Thursday	4pm	6pm	Multipurpose Room
NOBA Early Childhood Ballet Group A	4-5 year olds	Monday	4:15pm	5pm	Dance Room
NOBA Preparatory Ballet	6-7 yr olds	Monday and Wednesday	5:15pm	6:15pm	Dance Room
NOBA Preparatory Ballet	8-11 year olds	Monday and Wednesday	6:30pm	7:30pm	Dance Room
NOBA Early Childhood Ballet Group B	4-5 year olds	Wednesday	4:15pm	5pm	Dance Room

1120 S. BROAD STREET | NOLA 70125

ROSENWALD ANNEX

Spring 2026 Programming Schedule

January 11 - May 23

Center Hours of Operation:

Monday - Friday (10:00am-9:00pm) | Saturday (9:00am-2:00pm) | Sunday (CLOSED)

Program Name	Age	Days of the week	Start Time	End Time	Room Location
Computer Lab	18 and up	Monday - Friday	10:00am	4:00pm	Computer Lab

1140 S. BROAD STREET | NOLA 70125

5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org
NORD Commission

Interested in renting a park, shelter or gym for your upcoming special event or film location?

We have facilities to suit any occasion – from family reunions, community meetings, and wedding receptions to large tournaments and neighborhood festivals. In addition, facility rental income directly benefits improvement efforts at all NORD recreational centers and parks.

NORD spaces available for rent include:

Picnic shelters in Joe W. Brown Memorial Park

Greenspace and/or playgrounds at various parks/ playgrounds around the city

Meetings spaces for groups ranging in size from 10–100 attendees

Multipurpose athletic fields (football, baseball/ softball, soccer fields; covered and uncovered basketball courts)

Recreational center gymnasiums

Dance rooms

Football and/or track stadiums

Indoor pool in Joe W. Brown Memorial Park or at the Gert Town Natatorium (additional rental restrictions apply)

Follow these easy steps to rent a NORD facility:

1. Download the NORD Facility Rental/ Permit Application on www.nordc.org.

2. Complete and sign the application and return to the NORD Rental Division a minimum of 15 business days before your requested event date. The Rentals Division will be in contact via email or phone to verify availability or offer alternate dates and provide a detailed quote within two to three (2–3) business days.
In person or mail:
Rentals Division: 5420 Franklin Ave., New Orleans, LA 70122
- Phone: (504)658-3084
- Fax: (504)658-3086
- Email: nordcrentals@nola.gov

3. Once all details are confirmed, a reservation confirmation from the NORD Rental Division will be sent via email. The deposit is required within 30 days and the complete rental fee is due 15 business days before the event date.

4. Once confirmed, any requested changes to the application must be received in writing and approved by the NORD at least five (5) days prior to the scheduled event

Frequently Asked Questions

How much does it cost to rent a NORD facility?

Rental fees vary and are specific to each event. Once the NORD Rental Division receives your application, an appropriate rental fee will be given to you along with any other permitting requirements, such as security, insurance, or relevant special event permits.

What happens if there is inclement weather?

In the case of inclement weather, if the request is received by 3pm Friday before your event date, NORD will allow the applicant to reschedule their rental within six months of the event date. Once the facility/ venue is occupied, there will be no refunds given due to weather and the rental fee will be forfeited.

What forms of payment does NORD accept?

NORD accepts business checks, certified cashier's checks and money orders ONLY as forms of payment. No cash, personal checks, or credit cards.

Will NORD provide tables and chairs for my event?

NORD does not provide tables and chairs for outdoor events. Events in a NORD Recreation Center may have access to tables and chairs based on availability. It is the responsibility of the applicant to set up and break down tables and chairs for their event.

What types of activities are allowed when renting NORD facilities?

- Live or DJ entertainment
- Use of a non-water inflatable/spacewalk
- Grilling on self-provided grills

What types of activities are NOT allowed at rented NORD facilities?

✗ The sale of food, beverages, goods or merchandise without written approval from NORD and will require additional permits from the City of New Orleans through One Stop Shop. Concession stands are reserved for the exclusive use of the NORD Booster Clubs.

✗ Erecting stages, tents and/or booths without written approval from NORD will require additional permits from the City of New Orleans through One Stop Shop.

For events that require tents and staging, all necessary permits from city agencies must be obtained and presented to the NORD Rental Office before NORD will approve use. To contact the City of New Orleans' One Stop Shop, www.nola.gov/onestop or 1300 Perdido St, 7th Floor, New Orleans, LA 70112. Frequently Asked Questions

Facilities

SPRING RECREATION CENTER ACTIVITIES

Free-Play Basketball

Free-play basketball for youth and adults is offered at all NORD full-service recreation facilities. Please contact your nearest recreation center for youth and adult free-play schedules.

Free-Play Volleyball

Come play volleyball with us! NORD offers Free-Play Volleyball at four of our recreation centers: Gernon Brown and Joe W. Brown. Please contact these locations for schedules and details.

Free-Play Pickleball

Pickleball is the latest fitness craze! This paddle sport, created for all ages and skill levels, is easy for beginners but can become a fast-paced, competitive game for experienced players.
We offer pickleball at the following centers: Gernon Brown, Joe W. Brown, Morris Jeff, Treme, Lyons. Please contact your nearest site for schedules.

Walking Club

Get moving with our Walking Club! This program promotes enthusiasm for walking and provides participants with the opportunity to walk and socialize around our gymnasiums for an indoor fitness experience. Please visit your nearest full-service recreation center for scheduling information.

Golf

Learn the basics of golf, including how to swing, club types and uses, and more! Includes in-class instruction and outdoor practice. Space is limited. Visit Milne Recreation Center (5420 Franklin Ave.) to register today. Adult and youth sessions available.

Intro to Computers

Learn the basics of computer use, including Word, Excel, and PowerPoint. Instruction takes place in our computer labs. Visit Desire Florida or Rosenwald Annex to register today. Adult and youth sessions available.

Essentials of Ping Pong for Youth and Adults

NEW! This program introduces the key skills and guidelines of ping pong. Ping pong tables are available at several centers: Treme, Joe W. Brown, Lyons, Sanchez, and Rosenwald. Contact any of these sites for details and schedules.

Senior Programming

Visit our Senior Centers at Desire Florida and Rosenwald Annex for fun senior activities including bingo, healthy eating workshops, smart driving classes, potlucks, and more. Contact your nearest location for the monthly calendar.

Wheelchair Basketball

Come play wheelchair basketball with us! NORD offers Free-Play Wheelchair Basketball. Visit our Milne Recreation Center for registration information.

Meditation

Come find your peace! Visit Treme Center and experience calmness before or after a long day. Contact the center for details and schedules.

Open Checkers

NEW! Open-play Checkers for youth and adults is offered at all NORD Lyons Centers. Please contact the center for youth and adults open-play schedules.

Open Chess

NEW! Open-play Chess for youth and adults is offered at all NORD Lyons Centers. Please contact the center for youth and adult open-play schedules.

Basketball Fundamentals

Learn the basics of basketball! Includes in-class instruction and outdoor practice. Space is limited. Visit or contact your local recreation center for schedules and details.

E-Sports

NEW! Using gaming as a foundation, students will learn transferable skills that can lead to careers in the gaming industry and beyond. Please visit or contact Milne, Cutoff , Lyons or JWB Centers for schedules and details.

Computer Labs

NEW! NORD has nine computer labs across the city where you can reserve a computer for personal, emergency, or after-school needs.
Labs are available at: Cutoff, Gernon Brown, Joe W. Brown, Lyons, Milne, Rosenwald, Sanchez, Stallings, and Treme. Please visit any location for lab schedules and details.

Ballroom Dancing

NEW! Ballroom dancing is a fun and engaging activity for all ages and skill levels. Visit our Treme Center for more details on ballroom dancing classes.

Open Play Gaming

NEW! Let's game! Come to our Teen Centers at Treme, Rosenwald, and St. Bernard to hang out and play games. Weekly gaming time slots are available. Please contact or visit these locations for schedules and details.

Youth Programs

SPRING YOUTH PROGRAMS AND ACTIVITIES

Special Needs Mardi Gras Sneaker Ball:

Saturday January 31, 2026
Joe W. Brown; 5p-8p

Kif Café

Cut Off, Desire/Florida, Joe W. Brown, Gernon Brown, Morris Jeff, Hunters Field, Lyons, Milne, Rosenwald, St. Bernard, Sanchez, Stallings, Treme
Monday through Friday, 3p – 6p

Family Game Night

January 16, 2026 @ Stallings
March 20, 2026 @ Joe W. Brown
May 15, 2026 @ Morris F.X. Jeff

Special Events:

Summer Camp Expo
March 14, 2026, 9a-1p

Milne, Joe W Brown, Morris Jeff, Sanchez, Lyons

Year-Round Programs:

Girl Scouts Louisiana East

Fun, friendship and new adventures are what Girl Scouts is all about. Girls make new friends, challenge themselves, write their own stories, and take action to change the world for the better. STEM, outdoors, life skills, and entrepreneurship activities for girls to gain skills that will help them reach their full potential, equipping them to be leaders in their own homes, schools and communities and excel academically. Girls, ages 5-17. For more information, contact Lonnie Carter @ Lcarter@gsle.org

Achieve 365 Tutoring

Wednesday and Thursday, 4p-6p, now - May 7, 2026, 504.314.0615

The purpose of this service is to provide quality homework assistance to school aged youth in grades 3rd through 12th. This service will ensure that students are able to receive assistance with school-related tasks and assignments including, but not limited to: making sure students have an understanding of the task before beginning, giving them a small goal or work-target related to their assignment, reviewing student work, providing appropriate feedback and confirming task or work-target completion before departure.

Elite Tutoring Firm

enroll.etf@gmail.com, 504.909.5683.

The Elite After-School Success Program is a dynamic, full-spectrum academic support initiative designed for learners at every stage of life- from kindergarten through adulthood. Created by Elite Tutoring Firm, this program offers high-quality. personalized tutoring in all subject areas, structured homework assistance, strategic college and career readiness services, and comprehensive test preparation- all in a safe, nurturing, and intellectually stimulating environment. Our program is built to not only meet academic needs but to inspire scholars to excel academically, grow personally, and lead purposefully.

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AGES 15+

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NORD COMMISSION

Aquatics

AMERICAN RED CROSS PROGRESSIVE SWIM LESSONS

SWIM LESSONS

We are proud to offer American Red Cross Progressive Swim Lessons to the community. Please see the class availability for the pool of your choice. Registration is completed at each individual pool. Please see class descriptions and offerings within this brochure to assist with registration.

Disclaimer: On the Wednesday before the registration deadline, courses will be assessed for minimum numbers. If a course does not have three registered participants on that date, it will be canceled.

How to Register

Submit completed registration form to an aquatics facility. Registration forms are available at all indoor pools and online at nordc.org. Participants can only register for one class per session and must attend the first class or they will be dropped from the course.

NORD COMMISSION
5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org
NORD Commission

Lap Swim

Lap lanes are available all day at our year-round pools. Swimming is a very healthy way to work out!

Pre-Lifeguard Training

Class designed for individuals pursuing a career in lifeguarding. The training will consist of shallow and deep-water rescues, first aid, and CPR.

Junior Lifeguard Program

This is a pre-lifeguarding program designed for the individual that would like to become a lifeguard in the future. Participants are introduced to lifesaving skills, basic lifeguarding knowledge and introduces an 11–14-year-old to the world of lifeguarding. Prerequisites: swim 25 yards front crawl with a breathing pattern; swim 25 yards breaststroke using a pull, breathe, kick and glide sequence; tread water for 1 minute using arms and legs; float on the back for 30 seconds; swim 10 feet under water.

Swim Team

This competitive program offers the opportunity to improve swimming skills, endurance and promote a healthy lifestyle. Ages 5–18.

Water Aerobics

Low Impact/High Impact Join one of our water aerobics classes for non-weight bearing exercise. No prerequisites. Ages 16+ AQUATICS - Call 504-658-3044 or email jsjones@nola.gov

Swim Lesson Descriptions

Parent Child Aquatics:
Levels 1 & 2 6–36 mos. (Tadpoles 1-2). This is a parent guided course. Instructors teach the parent basic water orientation skills to perform with their child, including guiding parents with methods to accomplish those skills. An adult must be in the water with each student.

Preschool Aquatics:
Levels 1–3 Ages 3–5 (Nemo 1-3). This course is designed for the first experience in the pool without the parent. Students learn water safety, water exploration, survival, and basic water skills such as blowing bubbles and kicking. Course is leveled. Successful completion of one level is required for participation in the next.

Learn to Swim:

Levels 1–5 Ages 6-12, 13-16, 16+, Adults Level I (Starfish 1, Shark 1, Dolphin 1). No Prerequisites. Level 1 is designed to accomplish basic water comfort, basic water safety skills, beginning kicking, rudimentary arm movements, blowing bubbles and submerging the face.
Level 2 (Starfish 2, Shark 2, Dolphin 2) Level 2 is designed to build on Level 1 skills as well as adding skills: independent movement, combined arm and leg action on front and back, gliding, retrieving objects under water and water safety skills. Prerequisite successful completion of Level 1.
Level 3 (Starfish 3, Shark 3, Dolphin 3) Level 3 course begins the formation of strokes. Putting the parts together to perform a basic front crawl or elementary backstroke, kick like a dolphin, learn about diving, survival float, and add to their water safety skills. Prerequisite successful completion of Level 2.
Level 4 (Starfish 4, Shark 4, Dolphin 4) Level 4 focuses on improving the basic stroke developed in Level 3. Breaststroke and sidestroke fundamentals and dolphin kick and backstroke are a part of this course. Prerequisite successful completion of Level 3.
Level 5 (Master Swimmer) Level 5 is where students will refine their strokes. This is the fine tuning of all six major strokes; elementary backstroke, front crawl, breaststroke, sidestroke, backstroke and butterfly. At the successful completion of this level, the student is prepared to progress to a competitive level, swim club or swim team. Prerequisite successful completion of Level 4.

Aquatics

AMERICAN RED CROSS PROGRESSIVE SWIM LESSONS

Spring Aquatics Schedule

GERT TOWN POOL 3411 BROADWAY ST. 504-658-3096

Program Name	Age	Days of the week	Start Time	End Time
Water Aerobics	16+	M-F	9:00am	9:45am
Water Aerobics	16+	M,W,F	6:00pm	6:45pm
Lap Swim	Various ages	T, TH F	8:00am	8:45am
Family/Lap Swim	Various ages	T,TH	1:00pm	3:45pm
Family/Lap Swim	Various ages	M-F	10:00am	11:45am
Family/Lap Swim	Various ages	M,W,F	1:00pm	5:45pm
Lap Swim	Various ages	M-F	6:45pm	7:30pm
Lap Swim	Various ages	Sat.	9:00am	9:45am
Family/Lap Swim	Various	Sat.	10:00am	12:30pm
Starfish Level 3&4	6 thur 12	T,TH	5:00pm	5:45pm
Swim Team Practice Pool CLOSED Starfish Levels 1-4	6 & up	T & TH Only	4:00pm	5:45pm
Shark Level 1-4	17+	T,TH	10:00am	10:45am
Shark Level 1-4	17+	T,TH	6:00pm	6:45pm
Lifeguard Training	15+	Sat.	11:00am	12:00pm
Starfish Level 1&2	Ages 3-5	Sat.	10:00am	10:45am

JOE W. BROWN POOL 5601 READ. BLVD. 504-658-3020

Program Name	Age	Days of the week	Start Time	End Time
Lap Swim	16+	M-TH	11:00am	11:45am
Shark Level 1 & 2	Adults	M,W	11:00am	11:45am
Shark Level 3	Adults	T, TH	11:00am	11:45am
CLOSED for Lunch		M-TH	12:00pm	1:00pm
Lifeguard in-service	15+	M-TH	1:00pm	2:00pm
Parent/Child	6-36 months	T,TH	4:00pm	4:30pm
Family/Lap Swim	Various ages	M-TH	2:00pm	5:45pm
Nemo Level 1 & 2	Ages 3-5	M, W	4:00pm	4:30pm
Starfish Level 1&2	6 thru 12	M,W	5:00pm	5:45pm
Starfish Level 3	6-12	T. TH	5:00pm	5:45pm
Shark Level 1 & 2	Adults	M,W	6:00pm	6:45pm
Shark Level 3	Adults	T,TH	6:00pm	6:45pm
Water Aerobics	16+	M-TH	7:00pm	7:45pm

SANCHEZ POOL 1616 FATS DOMINO AVE. 504-658-3097

Program Name	Age	Days of the week	Start Time	End Time
Water Aerobics	16+	M-F	8:10am	8:45am
Lap/Family Swim	16+	M-F	9:00am	11:45am
CLOSED for Lunch		M-F	12:00pm	1:00pm
Lap/Family Swim	Various ages	M-F	1:00pm	5:45pm
Family Swim	Various ages	M-F	7:00pm	7:45pm
Nemo Level 1 & 2	Ages 3-5	M,W	4:00pm	4:30pm
Open Waters Swim Lesson – Level 1 & 2	Ages 5-17	M,W,F	5:00pm	5:45pm
Water Aerobics	16+	M-F	6:00pm	6:45pm
Shark 1 & 2	Adults	M&W	7:00pm	7:45pm
Starfish 3 & 4	Ages 6 - 12	T,TH	5:00pm	5:45pm
Shark 3 & 4	Adults	T,TH	7:00pm	7:45pm
Water Aerobics	16+	Sat.	9:00am	9:45am
Parent/Child Level 1	Ages 6mths -36 months	Sat.	10:00am	10:30am
Lifeguard Training	15+	Sat.	10:00am	12:45pm
Family/Lap Swim	Various ages	Sat	10:00am	12:45pm

TREME POOL 900 N. VILLERE ST. 504-658-3162

Program Name	Age	Days of the week	Start Time	End Time
Water Aerobics	16+	M-F	7:00am	7:50am
Water Aerobics	16+	M-F	6:00pm	6:45pm
Water Aerobics	16+	Sat.	9:00am	9:45am
Family Swim	Various ages	M-TH	9:00am	4:00pm
Family Swim	Various ages	F	8:00am	5:00pm
Family Swim	Various ages	M-F	7:00pm	7:45pm
Lap Swim	16+	M-F	8:00am	6:00pm
Shark 1 & 2	Adults	M,F	8:00am	8:45am
CLOSED for Lunch		M-F	12:00pm	1:00pm
Shark Level 1& 2	Adults	M,W	8:00am	8:45am
Nemo Level 1&2	3-5	M,W	4:00pm	4:30pm
Shark Levels 1-4	Adults	M,W	5:00pm	5:45pm
Tadpole Level 1	6-36 mons	Sat	10:00am	10:30am
Lifeguard Training	15+	Sat.	10:00am	11:00am
Lap Swim	16+	Sat.	10:00am	12:45pm
Open Swim	Various ages	Sat.	11:00am	1:00pm

George V. Rainey Pool 2529 General Meyer Ave.

Program Name	Age	Days of the week	Start Time	End Time
Water Aerobics	16+	T-TH	7:00am	7:45am
Water Aerobics	16+	T-Th	6:00pm	6:30pm
Water Aerobics	16+	M,W ,F	9:00am	9:45am
Water Aerobics	16+	M,W, F	6:00pm	6:45pm
Lap Swim	16+	M, W, F	8:00am	8:45am
Lap Swim	16+	T-Th	8:00am	11:30am
Family/Lap Swim	Various	M-F	10:00am	11:45am
Family/Lap Swim	Various	M-F	1:00pm	5:45pm
Family/Lap Swim	Various	M-F	7:00pm	7:45pm
Shark Level 1 & 2	Adults	M,W	10:00am	10:45am
Shark Level 1 & 2	17 +	M,W	7:00pm	7:45pm
Nemo Level 1&2	3-5	M,W	4:30pm	5:00pm
Starfish Level 1&2	6-12	M,W	5:00pm	5:45pm
Family/Lap Swim	Various ages	Sat	9:00am	12:45pm
Lifeguard Training	15+	Sat.	10:00am	12:00pm

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SPRING

SWIMMING LESSONS

LESSONS OFFERED AT ALL NORD POOLS

For All
Ages: 6mos-Adults

FREE

Register Now In Person!

Session Dates:

SESSION 1:
SWIM LESSON REGISTRATION: JAN 5 - JAN 9
SWIM LESSON CLASSES: JAN 12 - JAN 30

SESSION 2:
SWIM LESSON REGISTRATION: FEB 2 - FEB 6
SWIM LESSON CLASSES: FEB 9 - FEB 27

SESSION 3:
SWIM LESSON REGISTRATION: MAR 2 - MAR 6
SWIM LESSON CLASSES: MAR 9 - MAR 27

SESSION 4:
SWIM LESSON REGISTRATION: MAR 30 - APR 2
SWIM LESSON CLASSES: APR 6 - APR 24

Classes now available!

For more information:
Call Aquatics at 504-658-3052
Visit NORDC.ORG

Athletics

2026 ATHLETIC SCHEDULE

Basketball Championships

- Middle School Basketball Championships Tuesday, February 10, Beginning at 5:30pm @ JWB
- NORD Basketball Championships Saturday February 28, Beginning at 9:30am @ JWB

Track and Field

- Track registration February 2 - March 4
- Fun Run/Tune Up Meet Saturday March 21st , 9:00 AM at JWB
- Peewee Track starts Thursday March 19th , 6:30 PM at Harrell
- Tune Up Meet Saturday March 21, 9:00 AM at Morris Jeff Stadium
- Morris Jeff Relays start on March 28th at Morris Jeff
- Elton Mims Relays Saturday April 11, 9:00 AM at JWB
- Citywide District Meet Saturday April 18, 9:00 AM at JWB
- Steven J. George Citywide Track and Field Championship Saturday April 25, 9:00 AM at JWB

Baseball/ Softball/ Tee Ball

- Registration March 9 – April 19
- Volunteer Coaches Sports Specific Training DATE TBD
- Jamboree Saturday, May 2nd at Cuccia Byrnes
- Championships Saturday, July 11 at Larry Gilbert starting at 9:00am
- End of season Inventory Due by months end (Craig Stevenson, Damon Boyd, David Jenkins)

Cultural Arts

Visit nordc.org/activities, call 504-658-3015 or email NORDCcultural@nola.gov

Dance and Theatre

Casa Samba

Classes combine traditional music, vocals, theatre, dance and drumming to capture the spirit of Carnival in Brasil and Afro-Brasilian traditions and history. Registration is ongoing. Fees apply. For more information please contact (504) 236-7479 or drealsambaman@yahoo.com.

NOLA Outrage Dance Team

NOLA Outrage Dance Team is more than just DANCE! We encourage youth to embrace their talents by expressing themselves during each class and performance. Each dancer will be given the opportunity to strive for excellence by competing in various competitions while enjoying the art of dance! Ages 6+. For more information or to register, call Chantell Payne at 504-222-3571 or email nolaoutragedance@yahoo.com.

www.nolaoutragedanceteamllc.com

N'Kafu and Culu Traditional African Dance Company

N'Kafu Traditional African Dance Company is dedicated to the documentation, research, promotion, and preservation of traditional African folklore. N'Kafu and Culu (Children) offers dance, song, and drum classes at Treme Recreation Community Center. For more information please contact Mariama Curry at (504) 430-0894.

Tekrema Center for Art & Culture

Tekrema Center for Art and Culture's mission is the maintenance, development and perseverance of African Diaspora art and culture through training and research in the arts, and the dissemination of these resources through classes, presentations, exhibitions, publications, and public lectures. Fees apply. For more information, please see tekremacenter.com or contact TekremaCenter@ gmail.com.

NOBA Center for Dance

The NORD/NOBA Center for Dance was founded in 1992 as a groundbreaking cultural and community partnership between NORD and the New Orleans Ballet Association (NOBA) to make dance accessible to all school-age children. NORD/NOBA Center for Dance also offers classes for adults and seniors. Fees may apply. For more information, please contact 504-522-0996 or email mwhite@nobadance.com or sbensinger@nobadance.com. Registration is required at your rec center of choice.

L.Y.F.E of Dance

L.Y.F.E. of Dance Programs encourages, motivates, and guides youth, teen, and adults in the community in making proper life choices through the "Art of Dance". Our dance programs give members of the community an active, creative, and engaging dance and sports experience. Ages 2+ Registration is ongoing. Fees may apply. We offer gentlemen classes, Jazz, Hip-Hop, Modern, HBCU/ Majorette (Batons), Tap, and more.

For more information, please contact: Ms. Jermaine Alphonse at (504) 272-4194 or email jalphonse@lyfeofdance.org Website: www.lyfeofdance.org.

Visual Arts

Painting, Drawing and Ceramics

Elevate your artistic abilities with step-by-step lessons from our creative NORD Staff. Explore a wide range of mediums utilizing drawing, painting, and ceramics. Develop critical thinking skills, stimulate curiosity, and create wonderful pieces of art.

All art classes are multi-generational, and all ages are encouraged to participate.

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Musical Arts

NORD Senior Choir

Seniors age 55+ of all skill levels who like to sing and have fun are welcome. The Senior Choir performs regularly at NORD events in addition to senior centers, churches, and community events. For more information or to register, call (504) 658- 3075 or email NORDCcultural@nola.gov.

Piano

Have fun learning anew or brushing up on your piano skills. NORD offers group lessons at all skill levels. Learn how to read music, proper playing technique, and elementary music theory. Registration is free and ongoing for students ages 6+. Register at your recreation center of choice. Instructors will work with each student to select a specific day and time. Students learn the basic posture, theory, and position of the instrument. Student learns basic technique including affinity towards reading sheet music, note identification, fingering, rhythm creation and identification, and major and minor chords. Student begin warming up independently and learns dynamic playing with key signature changes. Students will prepare a minimum two pieces for performance per semester.

Fitness

Visit nordc.org/activities/fitness, call (504) 658-3027, or email NORDCfitness@nola.gov

FITNESS AT NORD

- Classes are January 6–May 24
- No cost unless otherwise noted. Open to people of all ages and abilities.
- No pre-registration is needed and equipment is provided.

Beginner Kung Fu
kung fu, a martial art, both a form of exercise with a spiritual dimension stemming from concentration and self-discipline and a primarily unarmed mode of personal combat.

Advanced Kung Fu
kung fu, a martial art, both a form of exercise with a spiritual dimension stemming from concentration and self-discipline and a primarily unarmed mode of personal combat.

Sanda Kickboxing
Sanda is the official Chinese boxing full-contact combat sport. This class focuses on proper Sanda technique, including hand strikes, elbows and knees, kicks and throws.

Tai Chi
Tai chi is a practice that involves a series of slow gentle movements and physical postures, a meditative state of mind, and controlled breathing. Tai chi originated as an ancient martial art in China. Over the years, it has become more focused on health promotion and rehabilitation.

Kung Fu Instructor Training
kung fu, a martial art, both a form of exercise with a spiritual dimension stemming from concentration and self-discipline and a primarily unarmed mode of personal combat.

Dance Cardio
Dance Cardio is a low impact dance cardio workout for active adults aging actively, set to high energy music.

Adaptive Dance Cardio
Dance Cardio is a low impact dance cardio workout for active adults aging actively, set to high energy music.

Chair Fitness
Chair fitness classes are designed to be accessible and inclusive, catering to individuals of all fitness levels and abilities. These classes often include a variety of exercises that target different muscle groups, such as core, legs, and arms, without the need for bulky equipment. The exercises are typically low-impact, making them suitable for those with mobility concerns or those who prefer a non-jumping workout. participants can expect to engage in functional aerobics, which replicates movements from daily living, and may also incorporate the use of exercise equipment like therapy bands or yoga blocks. The classes are not only beneficial for building strength and endurance but also for improving flexibility, range of motion, and balance.
Chair fitness classes are a great way to stay active, whether you're a beginner or looking for a fresh way to stay active. They can be done anywhere, making them a convenient option for those who want to incorporate more movement into their daily routine.

Healthy Aging Walking Club
Exercise with family, friends and neighbors is fun and easy with a walking club. Walking with others can keep you motivated, improve your accountability and help you meet new people with similar goals.

Adaptive Bounce Cardio
Bounce Cardio is a low impact dance cardio workout for active adults aging actively, set to high energy bounce music.

Open Meditation
Open meditation is a type of mindfulness practice that encourages practitioners to cultivate an open, non-judgmental awareness of their thoughts, feelings, and sensations. It often involves practices like breathwork, movement, and sound to awaken the body and mind, bringing individuals to the present moment. This style of meditation is also known as open monitoring or non-directive meditation, where practitioners allow thoughts to come and go, remaining aware of everything happening around them.

Hip Hop Cardio
Hip Hop Cardio is a fun and engaging way to achieve the ultimate cardio workout. Enjoy dancing to some of your favorite music with signature hip hop moves working everything from legs and glutes to arms and core. You do not need to be a dancer or know how to dance to enjoy this class and get the best cardio workout.

Active Living Every Day
Active Living Every Day is an evidence-based behavior change program. Our approach is unique because it addresses the root causes of inactivity rather than simply prescribing exercise. Participants learn the skills they need to become and stay physically active, including identifying and addressing barriers to physical activity, increasing self-confidence about becoming physically active, creating realistic goals and rewards for physical activity, developing social support, and recovering from lapses in physical activity. Each session includes light, optional exercise and a peer support format.

Diabetes Prevention Program (Registration Required)
The New Orleans Health Department and Fit NOLA now offer an official CDC-recognized National Diabetes Prevention Program provider for in-person services. This program is one of two National DPPs in the city that are CDC-recognized. Lifestyle coaches are undergoing required training and information about in-person classes will be posted in the future. Referrals will be accepted on a rolling basis until a suitable group size is met for the first cohort. To apply, visit https://www.surveymonkey.com/r/NOHD_Diabetes_Prevention_Program.

Guided Stretching
In a guided meditation, a narrator or teacher explains the dynamics of the mind and how it's likely to behave during meditation. (This is the approach). The teacher may also explain meditation techniques. (This is the practice). Finally, the teacher may explain how to take these techniques into everyday life. (This is the integration).

Active Living Every Day
Active Living Every Day is an evidence-based behavior change program. Our approach is unique because it addresses the root causes of inactivity rather than simply prescribing exercise. Participants learn the skills they need to become and stay physically active, including identifying and addressing barriers to physical activity, increasing self-confidence about becoming physically active, creating realistic goals and rewards for physical activity, developing social support, and recovering from lapses in physical activity. Each session includes light, optional exercise and a peer support format.

Healthy Aging Resistance Training
A full-body workout using weight plates, barbells, resistance bands, and steps combined with bodyweight exercises to create compound and isolation exercises to get you lean, toned, and fit.

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Program Location: Lyons					
Class Name	**Classification**	**Age**	**Day**	**Start Time**	**End Time**
Beginner Kung Fu (Donation Requested)	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY/WEDNESDAY/FRIDAY	5:30 PM	6:20 PM
Advanced Kung Fu	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY/WEDNESDAY/FRIDAY	6:30 PM	7:20 PM
Sanda Kickboxing	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY/WEDNESDAY/FRIDAY	7:30 PM	8:20 PM
Tai Chi	Mobility/Flexibility	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	Saturday	9:00 AM	9:50 AM
Kung Fu Instructor Training	Health Literacy	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	Saturday	11:15 AM	12:15 PM
Healthy Aging Resistance Training	Resistance	55+	Tuesday/Thursday	10:00 AM	10:50 AM
Adaptive Functional Fitness	Resistance	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	Tuesday/Thursday	11:00 AM	11:50 AM
Adaptive Functional Fitness	Resistance	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY	10:00 AM	10:50 AM
Healthy Aging Resistance Training	Resistance	55+	FRIDAY	10:00 AM	10:50 AM
Adaptive Dance Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	FRIDAY	11:00 AM	12:00 PM

Program Location: Desire/Florida					
Class Name	**Classification**	**Age**	**Day**	**Start Time**	**End Time**
Dance Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY	10:00 AM	10:50 AM
Adaptive Dance Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY	11:00 AM	12:00 PM

Program Location: Milne					
Class Name	**Classification**	**Age**	**Day**	**Start Time**	**End Time**
Chair Fitness	Mobility/Flexibility	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	TUESDAY	10:00 AM	10:50 AM
Adaptive Bounce Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	TUESDAY	11:00 AM	11:50 AM

Program Location: Rosenwald Annex					
Class Name	**Classification**	**Age**	**Day**	**Start Time**	**End Time**
Open Meditation	Mobility/Flexibility	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	WEDNESDAY/FRIDAY	8:00 AM	8:50 AM
Hip-Hop Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	SATURDAYS	10:00 AM	10:50 AM
Active Living Every Day	Health Literacy	18+	WEDNESDAY	10:00 AM	10:50 AM

Program Location: Joe W. Brown					
Class Name	**Classification**	**Age**	**Day**	**Start Time**	**End Time**
Diabetes Prevention Program (Registration Required)	Health Literacy	18+	THURSDAY	1:00 PM	3:00 PM

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Program Location: Gernon Brown					
Class Name	Classification	Age	Day	Start Time	End Time
Guided Stretching	Mobility/Flexibility	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	WEDNESDAY	10:00 AM	10:50 AM
Adaptive Bounce Cardio	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	WEDNESDAY	11:00 AM	11:50 AM

Program Location: Behrman Track					
Class Name	Classification	Age	Day	Start Time	End Time
Healthy Aging Walking Club	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	TUESDAY/FRIDAY	9:00 AM	9:50 AM

Program Location: Harrell Track					
Class Name	Classification	Age	Day	Start Time	End Time
Healthy Aging Walking Club	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	MONDAY/TUESDAY	9:00 AM	9:50 AM

Program Location: Joe W. Brown Track					
Class Name	Classification	Age	Day	Start Time	End Time
Healthy Aging Walking Club	Cardio	Ages 10-14 may attend with parent/guardian. Ages 15+ may attend unaccompanied.	TUESDAY/FRIDAY	9:00 AM	9:50 AM

Program Location: Morris Jeff Recreation					
Class Name	Classification	Age	Day	Start Time	End Time
Active Living Every Day	Health Literacy	18+	MONDAY	12:00 PM	12:50 PM

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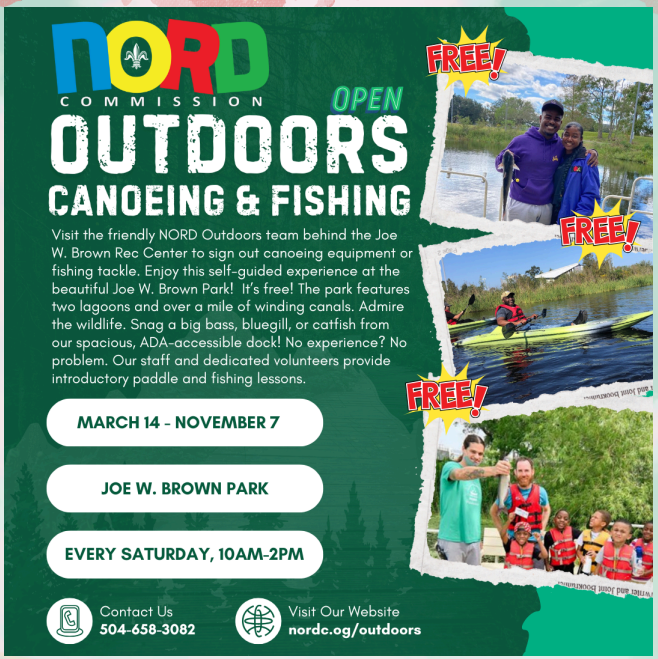

Outdoors

Visit nordc.org/outdoors, call (504) 658-3082, or email NORDCoutdoors@nola.gov

All outdoors programs are FREE and all equipment is provided. Programs meet behind Joe W. Brown Rec Center unless otherwise specified. Registration or reservations are usually required.

A Call for Open Canoeing & Fishing Volunteers! We Need You!

Join our spirited, easy-going crew for a unique volunteering experience. NORD Outdoors is looking for volunteers to help lead its Open Canoeing & Fishing activities at Joe W. Brown Park in New Orleans East. We operate on Saturdays (March 14–Nov. 7) from 10:00 a.m.–2:00 p.m. Training for all activities is provided. If you aren't familiar with these activites, step out of your comfort zone! Must be age 15+ to volunteer.

Open Canoeing & Fishing

Visit the friendly NORD Outdoors team behind the Joe W. Brown rec center every Saturday (March 14–Nov. 7) from 10:00 a.m.–2:00 p.m. Sign out canoeing equipment or fishing tackle and enjoy this self-guided experience at the beautiful Joe W. Brown Park! It's free! The park features two lagoons and over a mile of winding canals. Admire wildlife. Snag a big bass, bluegill, or catfish from our spacious, ADA-accessible dock! No experience? No problem. Our staff and dedicated volunteers provide introductory paddle and fishing lessons. Come solo or bring the fam! Important info: For groups of 10 or less, come at your convenience; no reservation required. For groups of more than 10, please call-in advance to reserve a time. Open to all ages. Children under age 10 must be accompanied by an adult. A parent or guardian must sign a waiver for children under age 18. For Open Fishing, a freshwater fishing license is required for participants age 17 and over.

Open Archery
Swing by our archery range every Thursday to unwind, learn a new skill - or both. It's free! A certified archery instructor will always be on hand, providing thorough safety instructions and plenty of tips about technique and form. Improve your form with each session. Master the fundamentals.
Important info: Visit nordc.org/outdoors to reserve your target. You may bring one guest per target when space is available. Ages 8+. Sessions offered every Thursday at 5:00 p.m., and 6:00 p.m.. and 6:00 p.m. Open year-round! Location: Joe W. Brown Archery Range. Take the second entrance into the park from Read Blvd. near the fire station. Range located behind the Spartan Field House near the playground. All equipment is provided.

Group Activities
To reserve or for more information, visit nordc.org/outdoors, call (504) 658-3082, or email NORDCoutdoors@nola.gov. Looking to try something new and constructive with your youth group, school group, club, organization, or family? We take all comers! Check out our diverse offerings. Important info: Activities are free. Minimum of eight participants. A single activity is typically 2–3 hours. For field trips, multiple activities may be booked. See descriptions for age ranges.
Availability:
Tues–Friday (year-round) from 9:00 a.m.–6:00 p.m. Saturdays are also available Nov. 14–March 6 from 10:00 a.m.–2:00 p.m.

✻ **Archery:** Learn bow-shooting skills and range safety with a certified archery instructor. Shoot a few rounds of arrows and test your accuracy. Improve your form with each session. Master the fundamentals. (Ages 8+)

✻ **Canoeing:**
Tour the Joe W. Brown lagoons by canoe. Learn basic paddling skills and canoe safety with a seasoned instructor. All equipment provided; no experience necessary. The park features two lagoons and over a mile of winding canals! One adult is required for every two children under age 10. (Ages 3+)
✻ **Fishing:**
Learn basic bait rigging, knot tying, casting, and fish identification with a seasoned instructor. Snag a big bass, bluegill, or catfish from our spacious, ADA-accessible dock! All equipment provided; no experience necessary. A freshwater fishing license is required for participants age 17 and over. (Ages 7+)
✻ **Nature Walk:**
Experience the wonders of Louisiana in our own backyard. Professional outdoors enthusiasts will introduce you to the robust ecosystems within Joe W. Brown Park or the nearby Audubon Nature Center. For youth and teens, nature walks include a series of educational activities that engage the senses. (Ages 5+)
✻ Basic Survival Skills:
Go off the grid and learn the basics of shelter building, fire building, and water purification in this hands-on class at Joe W. Brown Park. Gain knowledge about local medicinal or edible plants that can be found in the park and often in your own neighborhood. (Ages 5+)
✻ **Geocaching:**
Develop the skills to become a successful geocacher in this worldwide, GPS based treasure hunt! Try to find every cache within our Joe W. Brown Park course, which now includes two advanced caches mimicking real world scenarios. Children under age 10 must be accompanied by an adult. For more info about the culture, concepts, and history of geocaching, visit geocaching.com. (All Ages)

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Camping

Reserve our family-friendly, urban campsite at Joe W. Brown Park! The NORD campsite features a fire pit, water spigot, and nearby shelter with picnic tables and bathrooms. Pair your trip with one or more activities above for a holistic experience. A NORD Outdoors employee will stay overnight to ensure park rules are followed, to safely extinguish the fire, and to unlock the gates in case of an emergency. Important Info: Reservation required. Camping is free. Groups must have at least 10 people and provide their own equipment and firewood. Call or email for availability: (504) 655-8396 or NORDCoutdoors@nola.gov. Note: Camping is available on select dates on a first-come, first-serve basis. The campsite may be reserved Friday afternoon from 3 p.m. to Saturday morning at 9 a.m.

Outdoors Program at Joe W. Brown

PROGRAM	DAYS	TIMES	AGE	DATES
Group Canoeing*	Tues–Fri	9:00 AM–6:00 PM	3+	Appt. Only
Group Fishing*	Tues–Fri	9:00 AM–6:00 PM	7+	Appt. Only
Group Archery*	Tues–Fri	9:00 AM–6:00 PM	8+	Appt. Only
Group Nature Walk* *Also available at the adjacent Audubon Nature Center*	Tues–Fri	9:00 AM–6:00 PM	5+	Appt. Only
Group Survival Skills*	Tues–Fri	9:00 AM–6:00 PM	5+	Appt. Only
Group Geocaching*	Tues–Fri	9:00 AM–6:00 PM	All	Appt. Only
Open Archery*	Thurs	4:00 PM–7:00 PM	8+	Year-round
Camping* Family Campout	Fri 4:00 PM– Sat 9:00 AM		All	April 5-6
Open Canoeing & Open Fishing	Sat	10:00 AM–2:00 PM	All	Mar 20–Mar 21

** Registration required.*

Family Campout

Spring 2025, Late March- Early April Date
March 20–March 21

Want to take your family or friends camping, but unsure where to start? NORD Outdoors and LOOP NOLA have got the event for you! Register for our Family Campout for campfire camaraderie and a night out under the stars. Bring your sleeping bags, pillows, and toiletries – that's it! We'll provide tents, sleeping pads, water, food, indoor plumbing, games and activities. All are welcome. To register, visit: nordc.org/outdoors. Additional info: The NORD campsite features a fire pit, water spigot, and nearby shelter with picnic tables and bathrooms. NORD Outdoors employees will stay overnight to ensure park rules are followed, to safely extinguish the fire, and to unlock the gates in case of an emergency

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2025 First Place: Taylor Naquin
Title: Can't Believe What I'm Seeing
Location: Bonnabel/West Esplanade Canal

Nature Photo Contest | March 6–April 24

Calling all photographers of all skill levels in Greater New Orleans! Get outside, take pictures, and win prizes! Submit up to three photos celebrating nature in NOLA in our annual spring online contest. Photos may include wildlife, plants, natural landscapes, people enjoying the outdoors, or any photo in which nature is the central theme. Vote for favorites and submit entries via the dedicated contest website, which can be found at nordc.org/ outdoors.

An Audubon Family Membership is awarded to the top three winners. Other prizes are awarded to honorable mentions.

Winners are announced on May 1. FREE and open to all! For complete contest rules visit nordc.org/outdoors.

Get Out & FISH!

- **Stockings are provided by the LDWF Get Out & Fish!** Community Fishing Program: wlf.louisiana.gov/page/get-out-and-fish
  - NORD provides a host site and is a participant in the program
- The public is welcome to fish on the dock or along the banks anytime during park operating hours, which are 7:00 a.m. - 9:00 p.m.
- Self-guided experience: **must bring own pole, tackle,and bait**

Channel Catfish (Ictalurus punctatus)

Stocked in the spring and fall each year at Joe W. Brown Park.

You'll have luck fishing for channel catfish along the bottom of the pond with many different types of bait. Channel catfish particularly like baits with a strong smell.

Bait recommendations for channel catfish: dough bait, shrimp, worms, chicken, meat, and Slim Jims.

Rainbow Trout (Oncorhynchus mykiss)

Stocked in mid-January to early February at Joe W. Brown Park, pending the water temperature.

We suggest fishing for rainbow trout with a light line and small hook. You might try a small spinner lure or rooster tail. Many people have luck with power bait or corn as well. You can catch rainbow trout with both live and dead bait.

Bait recommendations for Rainbow trout: PowerBait and corn.

Teens

2026 TEEN EVENTS & ACTIVITIES

Teen Council Overview

The Teen Council Meetings are held every second Saturday of the month from 10:00 AM–12:00 PM and provide teens with a dedicated space to share ideas, develop leadership skills, and collaborate on upcoming programs and community initiatives. Members participate in planning sessions, discussions, and hands-on team-building activities such as crawfish boils, group challenges, community projects, and recreational outings that strengthen teamwork and communication. Guest speakers are also invited to motivate and inspire teens through insightful presentations and real-world experiences.

The goal of the Teen Council is to empower youth to take an active role in shaping recreational opportunities, service projects, and events that positively impact their peers and community.

February 2026

- Teen Council Meeting- Milne Rec Center
- February 21, 2026

March 2026

- Teen Council Volunteer – Summer Camp Expo
- March 14, 2026

April 2026

- Teen Council Crawfish Boil – Joe Brown Park
- April 11, 2026

May 2026

- Teen Council Meeting – Milne Rec Center
- May 9, 2026

- Teen Council Officers' Induction – Gallier Hall
- May 21, 2026

5420 FRANKLIN AVENUE
NEW ORLEANS, LA 70122
(504) 658-3052
nordc.org

NORD Commission

COMMISSION

TEEN COUNCIL

2ND SATURDAYS
10AM-12PM
MILNE REC CENTER

JOIN OUR TEEN COUNCIL

FOR TEENS. BY TEENS.

IF YOU'RE BETWEEN THE AGES 13-17 AND LIVE IN ORLEANS PARISH, THIS THE PLACE TO BE! MEETINGS ARE EVERY 2ND SATURDAY OF EVERY MONTH WHERE WE PLAN, DISCUSS, EMPOWER, AND ENGAGE WITH TEEN ACTIVITIES, FIELD TRIPS AND MORE! THIS IS FREE AND OPEN TO ALL ORLEANS PARISH TEENS. FOR MORE INFORMAITON EMAIL NORDTEENS@NOLA.GOV

NORD COMMISSION

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NORD Commission

VOLUNTEERS NEEDED!

CALLING ALL VOLUNTEERS! WE NEED YOUR HELP!

Our organization is looking for dedicated individuals to join us in our mission to make a positive impact in our community.

Rec Centers | Special Events | Athletics | Outdoors | Volunteer Groups | Booster Clubs

Contact us today to learn more about this exciting volunteer opportunity.

nordc.org/volunteer/